

## Spiritual Deepening Program seeks eRetreat Facilitators for 2022-2023 sessions

The Spiritual Deepening eRetreat Program is offered as an online opportunity for Friends and newcomers to explore how Quaker thought and spiritual practices can take us deeper into the life of the Spirit. The goal of the program is to bring the full depth, joy, and fire of Quaker faith and practice to our daily lives, to our meetings, and to those who come to our meetings as seekers.

# FGC would like to connect with Friends who may be interested in stepping into the eRetreat facilitator role as the program grows. To express interest in future eRetreat facilitation opportunities, please contact the Spiritual Deepening staff: <a href="mailto:spiritualdeepening@fgcquaker.org">spiritualdeepening@fgcquaker.org</a>

The eRetreat facilitator will be responsible for coordinating and supporting <u>one</u> online offering that will likely involve approximately 30 participants over a 4-week session. The eRetreat content has already been developed, although the facilitator has some flexibility in adding/organizing the content. The majority of the interactions with participants will take place within online discussion boards and weekly video conference calls, designed to build community and go deeper into the weekly themes. The facilitator is encouraged to be an active participant in the group conversations and to set two offline "Sabbath" days per week. Some previous facilitators have also chosen to offer additional "live" interaction opportunities, such as worship sharing over a video call or daily worship times with queries and discussion boards for reflection.

Information about the eRetreat program and a list of topics can be found here: <u>https://www.fgcquaker.org/eretreats</u>

#### **Duties:**

- Build community and engage with participants through the online discussion forum by asking questions and participating in discussions.
- Encourage participation; Support an open, nonjudgmental, and curious environment.
- Coordinate and facilitate weekly "face-to-face" opportunities for building community through 90-minute "Community Building Calls" using the Zoom platform. The agenda for these sessions could involve worship sharing, discussions of weekly program content, or guest speakers.
- Model openness, vulnerability, and curiosity; Encourage listening and sharing.
- Address technological issues as needed (login, use of discussion platform); Communicate program logistics as needed and encourage participants to complete program evaluations.
- Serve as liaison between participants and FGC staff and committees for sharing feedback, suggestions, and experiences; Evaluate opportunities for improving program materials.
- Make minor edits/updates to eRetreat content and/or activities as needed.



### **Desired Qualifications:**

- Deep grounding in Quaker practice and faith
- Strong written and verbal communication skills
- Familiarity with elearning platforms and online group facilitation, or tech savvy and willing to learn
- Ability to share Quaker practice and faith with newcomers and Friends at various places in their spiritual journeys; Able to "translate" Quaker concepts and jargon to newcomers
- Access to a computer and internet
- Computer literate and have patience to help participants who are new to web-based learning

#### **Terms and Stipend:**

Most sessions will run for 4 weeks and require an estimated 5-7 hours of facilitator engagement each week, assuming 30 participants.

The honorarium for this position is \$500.

The Spiritual Deepening Program Coordinator offers training and ongoing support for eRetreat facilitators before and during the eRetreat session.