

FGC Couple Enrichment: Tuesday Evening Interest Group - A Taste of Couple Enrichment

Led by Cathy Walling and Scott Bell

***Tuesday, July 7 @ 7:00pm
Killian, Room 304***



Image credit: Colby Abazs

We view couple enrichment as "preventive medicine" for relationships. We will demonstrate communication skills useful for keeping lines of communication open, reducing resentment, and providing ways to speak with your partner about challenging issues in a loving and caring way.

FGC's Couple Enrichment can assist you in nurturing your relationship using Quaker values and practices.

To learn more, visit <http://bit.ly/cefgc15>

Seeking Wholeness 2015 FGC Gathering

July 5 to July 11, 2015

Western Carolina University, Cullowhee, North Carolina



Silence and Expectant Waiting: An Interactive Presentation of the Spiritual Deepening Program

***Wednesday, July 8 @ 4:30pm
Forsyth, Room 214***



Image credit: Seth Barch

Come learn about the new Spiritual Deepening Program currently being piloted and take part in an activity from the program. The topic is **Silence & Expectant Waiting**: *Exploring the Quaker experience of worship, silent waiting, and vocal ministry.*

FGC's Spiritual Deepening Program invites newcomers, individual Friends, and meetings to explore how Quaker spiritual practice can transform lives and take them deeper in the life of the Spirit.

To learn more, visit <http://bit.ly/spiritualinfo>

**Becoming Patterns and Examples:
An Interactive Presentation of the
Spiritual Deepening Program**

***Thursday, July 9 @ 1:30pm
Forsyth, Room 214***



Image credit: Sarah Katreen Hoggatt

Come learn about the new Spiritual Deepening Program currently being piloted and take part in an activity from the program. The topic is **Becoming Patterns & Examples: *Exploring Spirit-led action and the self-discipline needed to become “patterns and examples” for a world, not as it is, but as it should be.***

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Traveling Ministries: Worship and Fellowship

***Monday, July 6 @ 1:30pm
Killian, Room 104***

An event for Friends who are traveling in the ministry



Join us during this time for worship and fellowship on the ministry of Seeking Wholeness as Spirit-led communities of God.

FGC's Traveling Ministries program connects Friends with gifts of ministry to Quaker meetings requesting spiritual support.

To learn more about becoming a Traveling Ministries visitor, visit <http://bit.ly/tmpvisitor>

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Traveling Ministries: Tuesday Interest Group - Seeking God's Wholeness for Our Meetings

***Tuesday, July 7 @ 1:30pm
Killian, Room 104***



Image credit: Sharon Gunther

Come learn about ways Friends called to travel in ministry can offer assistance with deepening worship, building faith community, and navigating conflict with love.

If you feel called to travel in the ministry and help meetings become reconnected in the Spirit, or if your meeting is seeking assistance, come check us out!

FGC's Traveling Ministries program connects Friends with gifts of Ministry to Quaker meetings requesting spiritual support. To learn more, visit <http://bit.ly/tmpfgc15>

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Financial, Estate, and Charitable Planning for Friends

*Thursday, July 9 @ 3:15pm
Killian, Room 304*



Fewer than 45% of Americans have a financial plan. Even fewer have a last will, living will, or medical and legal powers of attorney. In this session, Friends will engage in a conversation that answers questions such as “Will I have enough?” and “How much is enough?”

This session will include an overview of the FGC Stewardship Services program and how monthly meetings and Friends across the country are benefitting from our workshops, and tax-savvy financial and charitable planning at no cost.

For more information, please contact Larry Jalowiec at 215-588-4203 or larryj@fgcquaker.org.