

What is Meeting for Worship?

Our Meeting for Worship is unprogrammed. What that means is that we gather in silence with no preset program and no minister leading the worship. The Divine Spirit within each of us allows us to find spiritual truth and to hold direct communion with God. We do not need another person to give us God's message, and we do not need a certain ritual or specific acts as a condition of worship.

Unprogrammed worship in the manner of Friends is a process of prayerful waiting and listening. We listen to what is going on around us. We also listen to that of God within us. Sometimes in this waiting worship we find that we understand things more clearly. At times, these insights may be personal and private and meant only for ourselves. At other times, the Divine Spirit leads us to share these insights aloud in what we call vocal ministry.



Who are Quakers?

Quakers are members of the Religious Society of Friends, a Christian group that began in England in the mid-1600s. To us, the words "Quaker" and "Friend" mean the same thing.

Today, Quakers are an active and involved faith-based community. We continue to have a strong concern for:

- Simplicity
- Peace
- Integrity and Truth
- Community
- Equality
- Stewardship of the Earth

We try to live in a way that takes away the occasion for war and strife. We work in the world through our own actions and through support of many Quaker and non-Quaker organizations.



Do you have activities for children?

Children are always welcome. During the school year, we have a vibrant religious education program on Sunday mornings. Summer activities are less structured. We enjoy retreats and special events for people of all ages.

Welcome to Frederick Friends Meeting of the Religious Society of Friends



723 N. Market St.
Frederick, MD 21701
(301) 631-1257
www.FrederickFriends.org

Meeting for Worship

Sunday: 10:30 a.m.

Wednesday: 7:00 p.m.



What do Quakers believe?

Friends believe that all human beings have that of God within them. This Divine Spirit and Inner Light have been available to people in all ages. This direct experience of the Spirit provides for continuing revelation about God's truth.

Are all Quakers Christians?

The beliefs of Friends in general, and Frederick Friends in particular, are quite diverse. We have no formal creed. In our Meeting, some of us consider ourselves orthodox Christians, some of us consider ourselves Christian in some broader sense, and some of us do not consider ourselves Christian at all. Many of us became Friends as adults and bring along parts of our religious heritage. We learn from and respect the sacred texts of other religions as well as the Christian Bible.



Who can be a Quaker?

We welcome to our fellowship those from any faith tradition who are on a spiritual journey. We feel the diversity of our beliefs enriches us all.

We invite you to join us!



How can I learn more about Quakers?

Come visit us and talk with someone during fellowship after Meeting for Worship!

You can also visit our website:

www.FrederickFriends.org

You can find out more about the work of our community there.

To stay connected, sign up for our online newsletter and email list by sending an email to our Webmaster:

Webmaster@FrederickFriends.org

To learn more about Quakers in the mid-Atlantic region, visit the website for Baltimore Yearly Meeting (BYM):

www.BaltimoreYearlyMeeting.org

Frederick Friends Meeting is one of over 40 Quaker communities that are part of BYM.

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