

SEASONED GREETINGS

A QUARTERLY NEWSLETTER OF
ROANOKE MONTHLY MEETING

Summer Edition 2019



*Every good and perfect gift is from above, coming down from the
Father of the heavenly lights, who does not change like shifting shadows.
~James 1:17*

SUMMER AT ROANOKE FRIENDS MEETING

JUNE, JULY, AUGUST, EARLY SEPTEMBER

EVERY SUNDAY: 10:30 AM: MEETING FOR WORSHIP

EVERY SUNDAY: FOLLOWING RISE OF WORSHIP: SNACKS AND FELLOWSHIP

FIRST SUNDAYS: 12 NOON: POTLUCK MEAL FOLLOWING RISE OF MEETING AT NOON

COLLECTION OF FOOD ITEMS FOR BACK PACK PROGRAM ON THESE SUNDAYS

(WILL RESUME IN SEPTEMBER, WHEN SCHOOL IS IN SESSION)

SECOND SUNDAYS: 12 NOON: ADULT RELIGIOUS EDUCATION DISCUSSIONS

THIRD SUNDAYS: 12 NOON, MEETING FOR WORSHIP WITH ATTENTION TO BUSINESS

FOURTH SUNDAYS: 12 NOON: VARIED PROGRAMS OF INTEREST TO FRIENDS

FOURTH TUESDAYS: 7:00 UNTIL 8:00 PM: CHANTING AT THE MEETINGHOUSE) *No CHANTING IN JUNE*

SECOND WEDNESDAYS: 7:00 PM: EVENING WORSHIP. FOR MORE INFO: CONTACT GARY SANDMAN: garysandman@cox.net

EVERY THIRD SATURDAY: 12 NOON: PEACE VIGIL AT ROANOKE CITY MARKET BUILDINGS



OTHER EVENTS, AS THEY ARE SCHEDULED, WILL APPEAR ON THE MEETINGHOUSE CALENDAR AT THE MEETINGHOUSE, ON OUR FACEBOOK PAGE AND ALSO WILL BE CIRCULATED VIA EMAILS

THE NEWSLETTER IS PUBLISHED 4 TIMES A YEAR, ON THE FIRST DAY OF EVERY SEASON.

THE AUTUMN NEWSLETTER WILL BE PUBLISHED ON SEPTEMBER 23RD, THE FIRST DAY OF AUTUMN.

PLEASE NOTE THE DEADLINE FOR SUBMISSIONS FOR THE AUTUMN NEWSLETTER IS SEPTEMBER 15TH.

REGRETFULLY, SUBMISSIONS RECEIVED AFTER THAT DATE WILL **NOT** APPEAR IN THE WINTER NEWSLETTER.



QUERIES AND ADVICES FOR SUMMER THE SOCIAL ORDER

DO YOU PROMOTE SOCIAL JUSTICE AND MAKE YOUR LIFE A TESTIMONY TO FAIR DEALING?

DO YOU SEEK TO UNDERSTAND AND APPRECIATE DIFFERING CULTURES AND SOCIAL VALUES?

DO YOU SUPPORT FAIR TREATMENT OF ALL REGARDLESS OF RACE, GENDER, AGE OR OTHER DIFFERENCES?

ARE YOU CONCERNED FOR THOSE IN OUR SOCIETY WHO ARE DISADVANTAGED?

DO YOU TAKE YOUR FULL SHARE OF CIVIC RESPONSIBILITY BY VOTING AND GIVING SERVICE?

DO YOU OPPOSE THE USE OF LAND, LABOR, TECHNOLOGY AND CAPITAL FOR HUMAN EXPLOITATION OR IN WAYS DESTRUCTIVE TO OTHER LIVING THINGS?

ALL AROUND THE MEETINGHOUSE...

BLUE RIDGE GATHERING 2019

Roanoke Friends have reason to feel pleased and proud for their role in hosting the Blue Ridge Gathering on March 31st. Friends from neighboring Monthly Meetings (Floyd, Maury River, Blacksburg and Fancy Gap) attended and were effusive in their praise of the beauty of the grounds and the hospitality they experienced. They welcomed the opportunity to renew friendships, have "lively theological reflection" over lunch, and were deeply appreciative of the "Soulful Singing" presentation by Ruth Fitz. Here are but a few of their comments on the evaluation sheet that I have passed along to Ruth: "Worshipful singing program," "What fun and what an inspiration!" "Singing with Friends, some structure but not too much, loved being taught in the oral tradition." "Singing with action and laughter." "Learning new songs, I appreciated the quiet silence after and between songs."

The Ad Hoc Committee members generously giving of their time and energy to make this event a success are especially to be commended, as is Floyd Friend Meeting's Edna Whittier who has been the overall Blue Ridge Gathering Clerk. We all owe her a sincere thank you for so ably shepherding things forward for these last few years. Charlie Finn is now taking over as BRG Clerk. Next year's Gathering will be on the fifth Sunday in May (May 31, 2020, not Memorial Day weekend which will be the week prior) and be hosted by Blacksburg Friends.

Submitted by Charlie Finn

ROANOKE HOSTS TWO MEETINGS OF BALTIMORE YEARLY MEETING

On April 14, Chip Tucker visited Roanoke. He is from Charlottesville Meeting and a member of the BYM Nominating Committee. Chip encouraged us to become involved with BYM, consider serving on a yearly meeting committee, and possibly attend the annual session, Jul 29 - Aug 4. To learn more about BYM, go to www.bym-rsf.org.

Friends might not realize that BYM, founded in 1672, is one of the oldest yearly meetings in the U.S. It covers a large geographical area. Forty-one monthly meetings, including Roanoke, comprise BYM, along with eight preparative, allowed, or indulged meetings such as Lynchburg. The largest meeting is Friends Meeting of Washington DC.

On April 20, we also hosted a BYM Apportionment Meeting, attended by twelve Friends representing nine monthly meetings within BYM. Those attending included Ned Stowe, the BYM General Secretary from Sandy Spring (MD), and Tom Hill, the BYM Treasurer, from Charlottesville Meeting. Floyd Daniels and Mike Heller attended from Roanoke.

We talked about various aspects of the apportionment (or assessment) which each monthly meeting pays to BYM. A somewhat complicated formula has been in place to determine each meeting's apportionment. A proposal to greatly simplify this calculation will come before the annual session in August. The apportionment makes up 22% of the BYM budget.

The discussion included how BYM serves the monthly meetings. BYM offers excellent summer camps which are highly thought of. The yearly meeting also offers spiritual support through the Spiritual Formation Program, the Women's Retreat, the annual session, and various publications. The discussion was friendly and helpful.

~ Submitted by Mike Heller

SUMMER SOLSTICE POT LUCK

It's that time again! Friday June 21st is the date for Herb and Cecily's annual summer solstice party, a time for gratitude to Mother Nature for her abundance and blessings.

Cecily and Herb invite you to join them in their back garden for pot luck at 6:00 followed at 7:00ish for thanksgiving.

Charlie Finn will again MC poems, song, and sharing appropriate to the occasion.

2046 Knollwood Rd. Park along the median strip. Please join us!!



ALL AROUND THE MEETINGHOUSE, cont'd ...

A WARM WELCOME

Roanoke Friends are pleased that Otis Kenny has joined our Meeting. His letter of transfer was read at June Meeting for Business and approved by Friends present. Otis comes to us from Boise Valley Meeting in Idaho, where he has been an active member. He and his wife, Barbara, now reside in the Roanoke Valley. Roanoke Friends are looking forward to officially welcoming Otis with a celebration potluck in the near future, that date to be announced. In the meantime, please introduce yourself to Otis, welcoming the newest member of our spiritual community

CONGRATULATIONS

Cheers and congratulations to Joyce and Robert Foote who have recently welcomed a new grandchild into their lives. Ronan (the name Ronan is Irish, meaning Little Seal) was born on June 11th, much to the delight of his family - especially to his big brother, Leo, who has been eagerly awaiting his arrival. Leo wrote the poem at right and was kind enough to share it.



Brother
by Leo

Hiccups a lot at night
Kicks when he hears my voice
Sleeps after mom's shower
Wakes mom up in the night
Does massive kicks in the morning
Bounces around when he hears music
Punches when we're watching TV
I can't wait to meet him.

MIDWEEK WORSHIP

On second Wednesdays of every month we offer an evening Meeting for Worship at the Meetinghouse. Worship begins at 7:00 pm, lasting for one hour. Mid-week worship offers a rich opportunity for spiritual refreshment in the middle of the work week.

ADULT RELIGIOUS EDUCATION DISCUSSION

On Second Sundays of each month, the Religious Education Committee offers a stimulating video or topic followed by an opportunity for discussion or worship sharing. Programs are announced in the newsletter or by emailing.

PROGRESSIVES POTLUCK

July 14th at the Meetinghouse 6:00 PM

The Progressives Potlucks are co-sponsored by our Meeting, Tree of Life (the United Church of Christ congregation that meets Sunday evenings in the Meetinghouse) and Plowshare Peace Center. This is a meal followed by speaker or program with an emphasis on a topic on peace or social justice.

The potlucks are an opportunity to meet and network with other people and groups working for peace and justice in southwestern Virginia. Contact Gary Sandman at 540-492-3582 or plowshare@plowshareva.org for more info.

CHANTING:

We gather the fourth Tuesday of each month at the Meetinghouse at 7:00 pm for an hour of sacred chants from many faith traditions. Please join us.

Chanting is a gentle but powerful way we can awaken to, be moved by, and create deeper union with the Spirit within and all around us.

Simple melodies and simple words sung over and over can become extraordinarily powerful, especially when each chant emerges from and returns to deep silence. Enter into and become part of a sacred river of sound and silence, trusting that its current will take you where you need to go.

There is no chanting scheduled in June.

FROM PEACE AND SOCIAL JUSTICE COMMITTEE

SUBMITTED BY KENT WALTON
PASTORS FOR PEACE

What impoverished country in the western hemisphere has the largest medical school on earth and provides totally free scholarships to more than 30 countries, including ten to students from the U.S.? Cuba? Yes, Cuba, which also provides free, world-class medical care not only to its own citizens but to all visitors from other countries.

Presenting this largely missing picture of what Cuba is really like today, a delegation of the 30th Annual Friendship Caravan spoke to Roanoke Friends at a potluck, fundraising program on June 12. Sponsored by our Committee for Peace and Social Justice in conjunction with Pastors for Peace, the Friendship Caravan has long provided humanitarian aid delivered by bus to Cuba after collecting donations from travel throughout the U.S. The program changed two years ago and no longer offers humanitarian aid, but focuses instead on sending a supportive delegation of U.S. citizens to meet with Cuban government officials and prominent NGO's to assess current needs and attempt to better understand the impact of current U.S. policy, especially in regard to the crisis in Venezuela.

Emphasizing a philosophy of "people over profits," Cuba has managed to achieve virtually 100 per cent literacy throughout the country. As always, the night was rich with fellowship over the shared potluck meal, and generous donations helped support the Friendship Caravan's July trip to Cuba.

QUAKER EARTHCARE WITNESS

On March 24, the Peace and Social Justice Committee sponsored a dynamic and well-attended presentation by Barbara Adams, Baltimore Yearly Meeting's representative for Quaker Earthcare Witness. The program at Ronoke Meeting was her inaugural outreach to monthly meetings, aiming to "light a fire" in awareness and involvement to address climate change and environmental justice.

Entitled "How Does Nature Call to You?" Barbara's presentation challenged us to explore our love and connection to the natural world and how we, as Quakers, are called to act as champions and stewards.

THINKING ABOUT RACE (SUMMER 2019) – QUAKER COUNCIL ON EUROPEAN AFFAIRS

From Race and Privilege in Europe, published by the Quaker Council on European Affairs (QCEA)

ANTI-RACISM AS A SPIRITUAL PRACTICE (p. 65)

Anti-racism activities will offer our communities opportunities for connection and growth. In her chapter 'Not Somewhere else, but here: the struggle for racial justice as a struggle to inhabit my country' Rebecca Parker imagines anti-racist activism as a spiritual practice that can enable us to reclaim our humanity from a life of "numbness and disengagement." *

This challenge may feel overwhelming, but it is necessary and presents opportunities for growth. We need to unlearn behaviours and assumptions we have as part of a group with privilege. We need to discover seeking racial justice as a spiritual practice.

QCEA Assistant Clerk (vice-chair) and Swiss Quaker Rorie Nazareth says, "It would be interesting to think of the spiritual practice in two ways. One is developing the capacity of self-awareness, as in talking about racism, makes me deeply uncomfortable, defensive, angry, etc. Second is looking a working towards the structures that enforce equality as well as the internal, unconscious biases that drive the attitudes of racism that can persist even when there are laws against it."

*Soul Work: Antiracist Theologies in Dialogue, edited by Marjorie Bowens-Wheatley and Nancy Palmer Jones, 171-198. Boston: Skinner House, 2003.

This column is prepared by the BYM Working Group on Racism (WGR)



REMEMBERING SUSIE FETTER

Our dear friend Susie Fetter passed away on March 21st. Susie was an active member of Roanoke Friends for 24 years. To describe her as active does not really do justice to the many roles and efforts that Susie embraced in our Meeting and the larger community. Indeed, she was a pillar, a support to the many organizations she served and the many friends who knew and loved her. Following is the obituary that appeared in the Roanoke Times.

FETTER, Elizabeth Ann Hutcheson October 2, 1936 - March 21, 2019

Elizabeth Ann (Susie) Hutcheson Fetter, died March 21, 2019 at Broadmead Retirement Community in Cockeysville, Md., following a short illness with several complications. She was born in Kingston, Pa., on October 2, 1936, the second of three daughters of Allen Farrar Hutcheson and Marian Virginia Hornbaker Hutcheson. Her father, a Mecklenburg County, Va. native and 1922 graduate of Virginia Tech, had gone north to work in the Anthracite Coal industry at its peak. Susie lived her young life in Northeast Pennsylvania. After her years at Main Street School, Susie studied four years at Wyoming Seminary where she was the recipient of the Ruggles Award made to the outstanding graduate of the Class of 1954. She next attended Goucher College in Towson, MD, obtaining an undergraduate degree in Biology in 1958. She also earned a Master of Arts in Teaching from Johns Hopkins University in 1960. On June 25, 1960 she married Robert (Bob) Pollard Fetter. Before having two children, Allen Hutcheson Fetter (born in 1962) and Elizabeth Pollard Fetter (born in 1965), Susie taught biology at Roland Park Country School (RPCS) in Baltimore City. In 1964 she was diagnosed with ankylosing spondylitis, a painful and debilitating arthritic condition, with a number of attendant challenges, especially during her last four years of life. Susie, however, did not let her physical condition define her life; rather she became intentional with her community contributions while her children were still young. Before long, she went on to pursue additional studies in special education, returning to full time teaching in Baltimore City. She was also involved with coaching debating with students at Roland Park Country School as well as volunteering with the League of Women Voters and Planned Parenthood. As a Quaker, she served twice as Clerk of Baltimore Monthly Meeting, Stony Run. Susie went on to dedicate years of service to various Quaker organizations, including the Friends Committee on National Legislation (FCNL), American Friends Service Committee (AFSC) and Baltimore Yearly Meeting (of which Roanoke Friends Meeting is a part). Susie and Bob spent their first 23 years of marriage in Baltimore City. They next had a 24 year stay in Roanoke, Va. starting in 1983, related to Bob's job relocation with Norfolk Southern's Marketing Department. Despite being uprooted in mid-life, Susie was quick to become involved with Roanoke Friends Meeting, the Plowshare Peace Center, the Refugee and Resettlement Agency, the Literacy Volunteers and other community and political activities. Her letters to the editor and op-ed pieces were invariably published in the Roanoke Times & World News. Also in Roanoke, Susie helped with the resettling of refugees, several with whom she developed lasting friendships. There in their home on Carolina Avenue, the Fetters provided hospitality for hundreds of travelers through their listing in the Quakers "Directory for Traveling Friends," as well as other hospitality programs... For the last phase of her life, in May, 2007 Susie and Bob moved to the Broadmead Retirement Community in Cockeysville, Md. Susie continued to be involved with Quaker committees, locally, regionally and nationally, and also volunteered within the Broadmead Community. Susie was president of the Broadmead Residents Association (BRA) for 2 years and then served as a BRA representative to the Broadmead, Inc. Board of Trustees for another two years. She continued to be conscientious about her contributions, serving as a co-editor with Bob for the Broadmead Community publication "Voice of the Residents" during the last fifteen months of her life. Susie's strength in the face of adversity was an inspiration through her steady fortitude and positive outlook, despite her limiting physical circumstances. She was a devoted spouse, parent and grandparent and will truly be missed and always remembered fondly by family members and dear friends. In addition to her husband and son and daughter, Susie is survived by daughter-in-law, Danielle Hermey; son-in-law, Paul Kellett; four grandchildren, Isabel Andolina Fetter, Elijah Hutcheson Fetter, Eliza Whitson Kellett and Robert Hutcheson Kellett; two sisters, Eleanor Hutcheson Epler of Port St. Lucie, Fla. and Abigail Hutcheson Fair of Arlington, Mass.; as well as numerous nieces, nephews, cousins and still more wider family. In addition to the memorial meeting for worship remembering and celebrating Susie's life held May 19, 2019 at Gunpowder Friends Meeting in Sparks, Md. where the Fetters have been members, another memorial service will be hosted at 2:30 p.m. on Sunday, June 9, 2019 by Roanoke Friends Meeting, 505 Day Avenue, SW in Roanoke, Va. Memorial Gifts may be made to the Friends Committee on National Legislation Education Fund, 245 Second Street, NE, Washington, D.C. or the Roanoke Valley charity of your choice.

Gunpowder Meeting where Susie was a member prepared a detailed minute. Space precludes it's inclusion here but if you would like to read it, email Jenny@rev.net and I will gladly send you a copy.

REMEMBERING SUSIE AT ROANOKE FRIENDS MEMORIAL SERVICE

FIERCE AND FAITHFUL FRIEND

Small in stature,
hobbled by disability,
unassuming in outward appearance--
UNTIL SHE SPOKE,
UNTIL SHE ACTED.

And the force of her words and
actions--fused beautifully with those
of her companion for life--
literally has impacted the lives of
countless privileged to have been
touched by the kindness
and emboldened by the courage
of this fierce and faithful Friend.
Abide with us, Susie Fetter, as we
endeavor to follow your lead,
to continue your fight--
heeding that insistent small voice
trusting Way unfailingly to open,
standing joyful and strong in the
Light.

~ Charlie Finn

(fondly remembering holy ground on
Carolina Ave., where Roanoke Friends
festively gathered)



Many friends from Meeting and beyond gathered on June 11 to remember and celebrate Susie's life. So many stories, so many memories, so much love evident in the fellowship we shared with one another - just as Susie had shared with us.

We will hold her close in our hearts always.

WATCHING SUSIE WALKING

Watching Susie walking
across the Broadmead grass
is like an unspoken prayer
about
courage
tenacity
patience
and
grace

~ Aggie Merrick

The Broadmead Journal
of Poetry and Prose
Volume 1, Number 1,
Fall, 2015



From Proverbs 31: vs. 25-26, New King James Version:

*Strength and honor are her clothing;
She shall rejoice in time to come.
She opens her mouth with wisdom,
And on her tongue is the law of kindness.*

FROM JOY SYLVESTER-JOHNSON:

Here is a letter from the headmaster of the Ramallah Quaker School which I think is a great introduction to this special place begun by Quakers so long ago.

This is one of the many places in the world our meeting supports.

Currently we are in the very early stages of designing an initiative to sponsor a Quaker teacher at the school. If you have any interest in working on this project please contact:

Joy Sylvester-Johnson

Joysylvesterjohnson@gmail.com

Dear Friends,

Welcome to Ramallah Friends School. RFS is a unique school with an extraordinary history, tradition and set of opportunities for all who come here, whether students, staff or parents. RFS focuses on the students, is committed to quality in teaching and learning programs, and is dedicated to continuous improvement in policies and procedures and systems which empower and enable people.

Friends work began in 1869 with a number of small schools for girls in the villages surrounding Ramallah. In October 1889, Friends Girls School opened as "The Girls Training Home of Ramallah". In 1901 a school for boys was opened. In 1990, the campus of the Girls School became co-educational Elementary School and Kindergarten and the campus of the Boys School became a co-educational High School as it is today. RFS is unique in its setting in Palestine. Its two beautiful campuses give students a unique set of learning opportunities. Over the years it has grown and evolved into a world-class International Baccalaureate (IB) School. RFS is a school with a clear commitment to internationalism.

Being a Friends school means that RFS has a defined special character. Friends' values and Christian teachings permeate and guide the way we do things. The Quaker values of peace, justice, integrity, acceptance of others shape the kind and quality of education RFS offers. We teach about and abide by these principles. It's what we do - and we believe that it promotes dignity and self respect. We are an inclusive school. We welcome diversity and we welcome students and staff from all cultures and religions to our community.

RFS has always been an academic school. Our graduates have been admitted to prestigious quality universities in North America and around the world. As the first IB world school in Palestine in 1999, RFS has an outstanding and enviable international track of record of International Baccalaureate Diploma and certificate results. Our students leave RFS committed, accomplished, and confident to achieve beyond graduate and postgraduate arenas. The RFS global network of alumni is evidence of this.

RFS is more than just a school. Our students and teachers live under the duress of military occupation and so our role is one that continuously builds hope and restores dignity to a community that continues to endure the impact of an unrelenting injustice.

At RFS, our aim is not only to educate, but to provide students with a safe and supportive community - a home away from home. Our Quaker traditions coupled with the IB philosophy make RFS an ideal place for parents who are seeking a truly transformative experience for their children. At RFS our students will leave our grounds inquirers, risk-takers, good communicators and principled, reflective and knowledgeable individuals.

RFS is unique in many ways. It begins when you come into a school and you see the children are happy. The school is busy and you see a lot of activity in the classrooms and out in the playground, where there is a lot of involvement of the community in classroom events and in sports and activities. The learning is dynamic, exciting and expectations are high. We celebrate our students. Above all you will see RFS students that are excited, confident, involved and wanting to learn. That is our school.

Regards

Adrian Moody

BSc(Ed), BTheol, PGradDipTheol, MA, MEd(Leadership)



QUAKER ARTISTS by Gary Sandman



GRAHAM LEWINTON

In January a Friend named Graham Lewinton posted an amazing painting of his on “Quaker Artists History”, my Facebook page. It was called “Advices and Queries”.

Graham Lewinton (b. 1954) is an English painter. He is largely self-taught. Many of his works are inspired by a dislike of bullying and oppression, and these focus on pollution, Israel and Gaza, Arab Spring and the Dale Farm evictions. Some works feature portraits and landscapes. Among other places, Graham has had exhibitions at X-Church, Tate Modern, the Bird’s Nest Gallery, Kunstkreis Kloster Brunshausen, the Box, Usher Gallery and Doddington Hall. He is a member of the Lincolnshire Artists Society.

Graham began attending Lincoln (BrYM) Meeting at the suggestion of a friend. After his mother’s death, he found he had become a very angry man. His friend felt that Quakers might be helpful with his anger. At his first Meeting for Worship Graham sat silently and looked at the parquet floor, a floor like the one in his parent’s home. Painful memories of his past came flooding back. On the way home he pulled his car over to the side of the road and began to cry. Afterward, he says, “I felt clean”. He has been going to Friends Meeting ever since and became a member in 2013. He sees Quakerism as an on-going practice that has allowed him to heal.

“Advices and Queries”, an acrylic painting, depicts Lincoln Friends as pictured from above. Members and attenders sit on chairs while beneath them, on the parquet floor, are inscribed Quaker advices and queries as well as George Fox quotes. Graham jokes that he painted it “hanging from a chandelier”. Actually, he created it by leaning over a balustrade in the Meetinghouse and snapping a photograph of each Friend, one at a time, as a guide. Problems arose with perspective and structure, however, and the painting took him nearly three years to complete. The original hangs in the Lincoln Meetinghouse. (“Quaker Advices and Queries, Numbers 42 and 44”, his paintings of those words, rest on either side). The Meeting sells prints and postcards of it as a fundraiser.

I loved Graham Lewinton’s “Advices and Queries”. It perfectly captures the feeling of a Friends Meeting for Worship. The color is vibrant. The detail is exquisite. (At first I thought it was a photograph). I was especially charmed by the boy in the bottom center, glancing to his left, and the nearby dog, also gazing left. (It is pictured below).

For more works by this remarkable artist, go to www.grahamlewinton.com.

~ Gary Sandman

NEW BOOK BY RACHAEL COOK



Author and Inventor, Rachael Cook, is a relative of Quaker Dr. Francis Fox of Wiltshire, Somerset, England of the 17th century Quaker family. Believe it or not, she has verifiable proof of being a distant half cousin of legendary “Johnny Appleseed” Chapman.

The author’s ancestral research led to her new spiritual path and REVOLUTIONARY book entitled, “Once Upon A Lifestream Dream: A Metaphysical Search for Twin Flame Forever Love” which has been published with first-of-its-kind astrological charts and other objective and subjective proof of past life identities and events! This verifiable evidence includes physical appearance, personality, life experience, Rev. Mediums’ readings, pendulum, tarot, and intuition comparison confirmations. Her book has universal appeal to any audience with multiple genre coverage including spirituality, past life regression/reincarnation, romance, royalty (i.e. the Houses of Stewart and Orange), family ancestry, history, mystery, mysticism, music, poetry, poignant unique imagery, with extensive appendices and bibliographical support of these and related themes.

~ Submitted by Rachael Cook

THREE NEW BOOKS BY CHARLIE FINN!

The first pays mandalic tribute to five dozen wisdom-figures in his life: *Sixty to Sing Of: A Wealth of Guardians*. (\$18) Multiple quotations amplify each of these sixty mandalas, hopefully enticing readers either to discover new companions for their own spirit journeys or to deepen bonds that have already been established.

The second is yet another of his books of poetry, this one not only highlighting favorites from over the years but including new ones: *Great Day in the Morning: One Hundred Selected Poems*. (\$10.)

The third is a collection of essays entitled *Winter Offerings: Poetry and Prose Dancing*. (\$10) Awareness that he has entered his own winter season has prompted him to turn to essays in an attempt to say things of importance.

If any of the above seem irresistible, let Charlie know at charles.c.finn@gmail.com.



UP WITH POLLINATORS

Just in case you may not have noticed, all the illustrations throughout this newsletter are of pollinators. Although the honeybee may be the first pollinator that comes to mind, there are many others as well. In the bee family this includes bumblebees, solitary bees, wasps, etc. Other insects pollinate as well - hoverflies, some beetles... the list goes on and it includes birds, mammals, even some lizards!

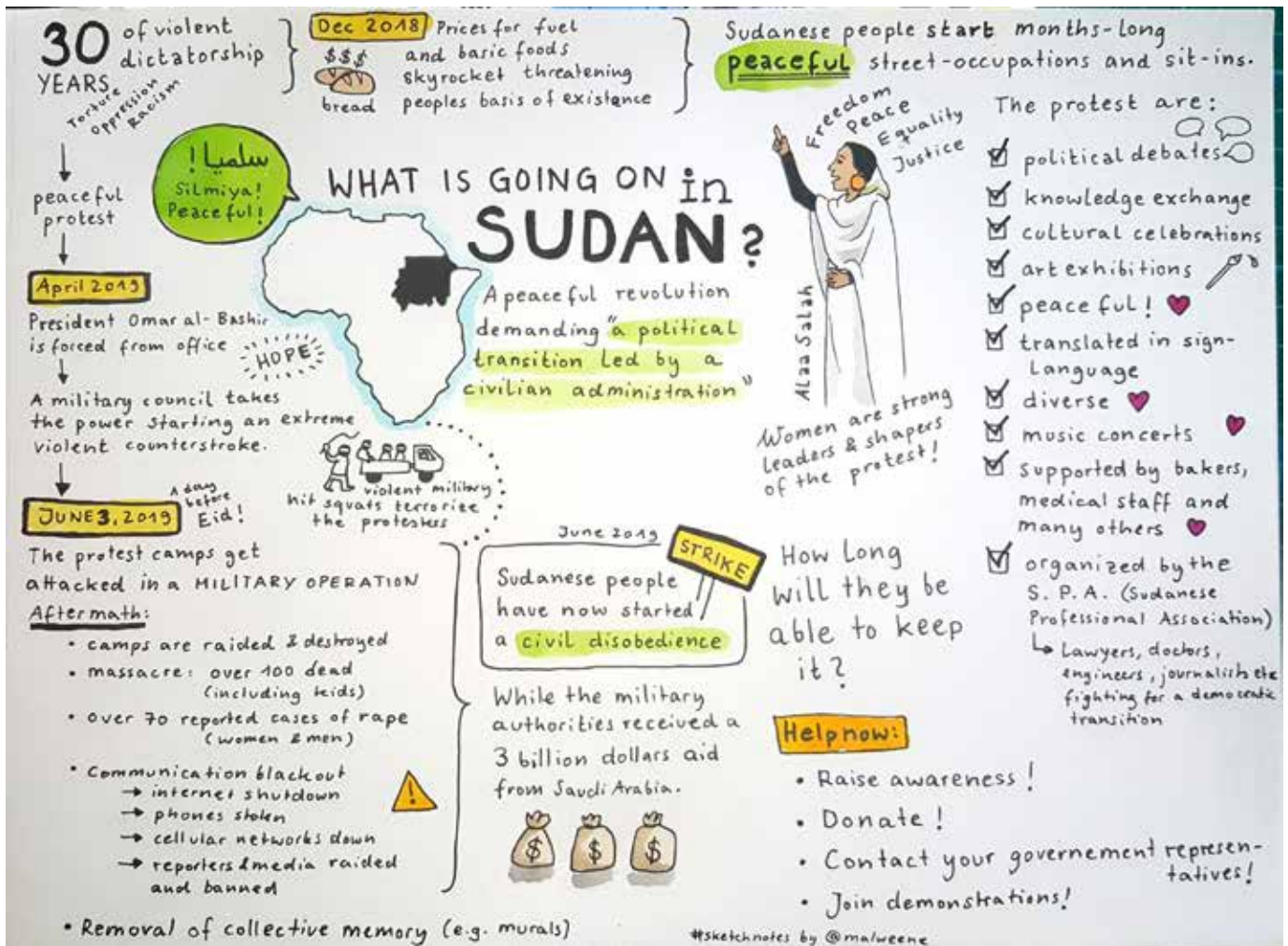
Pollinators face many challenges. Many pollinator populations are declining but you can help them survive.

Here are some recommendations to help them thrive:

- ** Any site can be a pollinator habitat -even windowboxes and roadsides ** Plant native plants** and plant in clusters - this provides a “target” for pollinators ** Avoid pesticides ** Buy local honey** Leave some debris for nesting such as dead branches** support groups and organizations promoting pollinator conservation (like the Xerces Society).**



SUBMITTED BY JOY SYLVESTER-JOHNSON:



REFLECTION FOR SUMMER
THIS PRECIOUS MOMENT

“We are travelers on a cosmic journey, stardust, swirling and dancing in the eddies and whirlpools of infinity. Life is eternal. We have stopped for a moment to encounter each other, to meet, to love, to share. This is a precious moment. It is a little parenthesis in eternity.”

~ Paulo Coelho, The Alchemist