



Seeds That Change the World New from Quaker Press

Quaker Press of FGC is pleased to announce its first new release in almost four years – Debbie Humphries’ *Seeds that Change the World: Essays on Quakerism, Spirituality, Faith, and Culture*.

The Quaker tradition at its best is a practice-based religious path that embodies the ability to hold paradoxical truths with deep love and a minimum of hierarchy. Each of these elements is an important capability, that the world as a whole needs today. These capacities are developed through regular exercise of both individual and corporate spiritual practices, that can be taught and strengthened. The ongoing divisions and separations among us speak to our failure to live up to

our potential. As stewards of this tradition, we need to better embody the truths of the Quaker tradition.

With a foreword by Diane Randall, Humphries’ book helps readers do just that by exploring Soul Time, Our Hope for a New Life, Four Pillars of Meeting for Business, Embracing Wholeness in the World, Exploring the Unwritten Rules of Waiting Worship, Why the World Needs Quakerism and more.

Of *Seeds that Change the World*, Lloyd Lee Wilson says “In these essays, Humphries enters the long-standing debate among Quakers as to whether Friends have anything distinctive to offer the contemporary world. Her conclusion: Yes!”

“Part spiritual autobiography, part critique of the white middle class, this collection of essays offers deep insights into the unique constellation of gifts of Quaker faith and practice, and pleads for Friends to better understand and embrace our radical tradition,” writes Marty Grundy.

Debbie Humphries came to Quakerism in the early 1990s after growing up Mormon. Debbie has travelled in the ministry among Quakers since 2004 under the care of Hartford Monthly Meeting, carrying a concern for the spiritual health and vitality of the Religious Society of Friends.

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