

What Do Quakers Believe?

Quakers have a wide range of beliefs. We use a variety of religious languages to describe our shared experience. We do not have a creed, but in general we agree that:

- Everyone is equal and precious before God.
- All people can have a direct experience of the Divine, individually and in shared worship. We have many ways of naming our experience. Some of them are God, Christ, Spirit, Inward Teacher, Inward Light, and Seed, among others.
- By whatever name, this experience of the Divine is universal, ongoing, and available to everyone.
- The life and teachings of Jesus are an example of faithfulness to God.
- Paying attention to and following the Divine changes us. We try to live out our convictions every day in our actions.
- We look for the Divine in every person we meet.
- Our guiding principle is love.

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