

Leading Workshops in Your Meeting

Through the ministry of group facilitation in our meetings, we offer Friends the opportunity for self-reflection, open communication, risk-taking, and thinking big. Plus, facilitation is fun! The fundamental gifts we share through our facilitation are our enthusiasm, cheerfulness, and optimism.

As you consider offering workshops, renewals, group discussions, or second-hour conversations in your meeting, start where you are, with what you have. Think creatively about people in the meeting who may contribute to this work. Don't be afraid to ask for help.

Speak from the heart as you invite Spirit into this work and the event will be successful.

Things to consider as you plan a workshop/activity:

- ✓ Start with worship
- ✓ Arrange for childcare
- ✓ Don't forget to schedule breaks and food for sessions longer than two hours
- ✓ Engage different learning styles -- teaching, movement, discussions, small groups, personal sharing, and art/creativity
- ✓ Pay attention to keeping folks moving in the afternoon or after a meal
- ✓ Start and end on time
- ✓ Use a microphone, when available
- ✓ It's okay for conversations to be unfinished and questions unanswered