



A GUIDE
TO
QUAKER
WORSHIP

MICAH BALES

A Guide to Quaker Worship

Experiencing the Power of the Spirit in Community

By Micah Bales

© Micah Bales 2014
All rights reserved
www.micahbales.com

Contents

<i>1. Why Quaker Worship?</i>	4
<i>2. Some Assembly Required</i>	7
<i>3. A Typical Meeting for Worship</i>	9
<i>4. Quick Tips for Quaker Worship</i>	12
<i>5. Centering Down: A Guided Meditation</i>	14
<i>6. A Guide to Vocal Ministry</i>	17
<i>About the Author</i>	20

CHAPTER ONE

Why Quaker Worship?

Life is busier than ever. It seems like there is constantly some task to be done, some distraction to capture our attention. In a world as noisy and crowded as this one, it's easy to lose track of who we really are.

Yet, in the midst of all the busyness and chatter, you sense a call to go deeper. There is a voice within you, inviting you into a more vibrant and authentic way of life.

Quaker worship can help you accept this invitation. It provides a way to silence distractions and re-focus on that which is most important. By setting aside human agendas and listening to the still, small voice in your heart, you can reconnect with your spiritual heartbeat.

As we wait together in the stillness, all of life's busyness melts away. Freed from the unrelenting chorus of work, tasks, and information, we can settle down into silent awareness. We are left alone with our naked hearts, waiting together in the presence of God.

Are you ready act out of grounded awareness, instead of reacting from reflex? Do you desire a clearer understanding of who you are and what your purpose is? Would you like to experience a living, active relationship with your Creator that doesn't depend on rituals or institutions?

Quaker worship may be right for you.

The Benefits of Quaker Worship

If you've never tried Quaker worship before, here are some reasons that you might be interested:

It's Simple

Quaker worship doesn't require any special equipment. You don't need robes or incense, a stage, or a pulpit.

This style of worship doesn't need a particular type of environment to take place. We can gather in church buildings or homes, rented venues or public space. With Quaker worship, we are limited only by physical constraints, not liturgical ones.

[DOWNLOAD THE FULL E-BOOK NOW](#)

About the Author



Hi, I'm Micah Bales!

I'm a writer, teacher and grassroots Christian leader based in Washington, DC. My focus is helping you to connect with a deeper and more authentic experience of the Inward Teacher, Jesus Christ.

Together with an amazing community of fellow workers, I help embolden and connect a growing and deepening movement of radical disciples.

Would you like to read the rest of this e-book?

[Download it for free at micahbales.com!](http://micahbales.com)

Feel free to contact me directly with any questions or ideas.

Email: micahbales@gmail.com

Web: micahbales.com

Twitter: [@micahbales](https://twitter.com/micahbales)

Facebook: facebook.com/micahbales