2021 FGC Gathering

A week of gathering online for Quaker worship, workshops, and community for all ages

June 27 to July 3, 2021
A Virtual Gathering

Advance Program
2021 Gathering at a Glance

Pre-Gathering Events (see p. 9)
- Adult Young Friends Retreat (Saturday, June 26)
- Retreat for People of Color and Their Families (Friday night, June 25 through Sunday, June 27)
- Quakers and Business Conference (June 18–20)

Way Will Open

ALL TIMES ARE EASTERN

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WORSHIP SHARING

WORSHIP

BIBLE HALF HOUR

OPEN HANG OUT TIME & AFFINITY GROUPS

OPEN HANG OUT TIME

BREAK

BREAK

BREAK

BREAK

OPEN HANG OUT TIME (9:30–11:30; join when you can)

WORSHIP SHARING (9:45–10:45)

Program Contents

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The FGC Gathering includes events organized by FGC’s year-round programs. Look for FGC
Register online at www.FGCgathering.org beginning April 15
Welcome to the 2021 Gathering

Dear Friends,

On behalf of the 2021 Gathering Committee, we invite you to join us for a Spirit-filled week of workshops, plenaries, worship, music, fun, fellowship and more as we come together virtually for FGC’s annual Gathering June 27–July 3, 2021.

When the Gathering theme Way Will Open came to us in 2019, we could not know that our familiar way of Gathering, a way we have known and taken for granted for years, was about to close, not once, but twice!

Neither could we have imagined the kinds of openings such closings would make possible; that over 1,000 Friends from all over the world could come together by simply opening a link; that we could make the Gathering more affordable, more accessible, and more environmentally friendly by having everyone stay home; that deep worship, tender intimacy, and covenant community could happen online.

Many months of pandemic isolation and social upheaval have taught us that Spirit cannot be limited by geography or fear; that, in the midst of the unthinkable, Way Will Open in ways that will challenge, inspire, and astonish us.

Come experience a Gathering of Friends like no other, a Gathering that speaks to the needs of our beloved community and answers the call of our time. Come be challenged, be inspired, be astonished!

Barbara von Salis, Tony Martin and Patsy Arnold Martin
2021 FGC Gathering Tri-clerks

“As I looked at everyone’s faces, I felt part of a community of seekers on this journey to deeper love and faithfulness.”

Questions to gathering@FGCquaker.org or 215-561-1700 option 2
Evening Programs

All evening programs will be presented on Zoom as we gather to listen to the Spirit-led messages our speakers will share. Plenary sessions bring us together under the leading of Way Will Open, this year’s theme. Wednesday’s plenary is intergenerational and children are welcome to join us.

Monday, June 28, 8:00–9:30 pm Eastern

Lisa Graustein

Lisa Graustein is a member of Beacon Hill Friends Meeting and one of the hosts of Three Rivers Meeting, both in New England Yearly Meeting. Lisa’s current call to ministry among Friends is centered on noticing, interrupting, and transforming patterns of oppression as we enact them so that we can build a more faithful, inclusive, and just Religious Society of Friends. Originally trained as a social studies and math teacher, Lisa taught in public schools in Boston for 20 years and now trains teachers and non-profit staff. In her first year teaching, Lisa was the only ‘out’ teacher in a middle school with 1,000 students and worked to make the school more welcoming to LGBTQ+ students and families. At every school she worked at subsequently, she co-founded staff diversity and equity committees, facilitated trainings, and worked to ensure equity for her students and colleagues across race, class, gender, sexual orientation, religion, ability, and documentation identities. Lisa served for many years as staff and coordinator for the NEYM Young Friends program and is a co-facilitator of the Beyond Diversity 101 workshops. She is also a mom and artist, living on Neponset Tribe of the Massachusett homeland known as Boston.

Tuesday, June 29, 8:00–9:30 pm Eastern

Community Connections

We aren’t gathering in person, but we can still come together in groups around shared topics of interest. Let’s gather around issues such as family life, religious education for children and teens, climate disruption, social activism, and immigration. We’ll listen, share, learn, and build deeper connections.

Wednesday, June 30, 8:00 pm Eastern

Niyonu Spann

Niyonu Spann is a member of Chester Monthly Meeting in Pennsylvania. She has a rich history of making music and creating workshops around peace and social justice. Early in her career, Niyonu spent many years nurturing children’s lives in Quaker schools. For the past 20 years she has offered the transformative diversity workshops called Beyond Diversity 101 (BD101). Along with her musical group, Tribe 1, she has performed songs of peace, justice, and transformation. Her music is now expressed through NUYONI: Creations to awaken soul remembrance. She will release her second solo album in 2021. Together with some of her back-up vocalists, Niyonu will lead an intergenerational plenary grounded in spirit. She will also work with Junior Gathering.
Thursday, July 1, 8:00–9:30 pm Eastern
Clinton Pettus and Friends
One Black Man’s Journey in a World of Othering

An old Quaker expression says, “We believe that those who are called enemies are, in fact, friends separated by misunderstanding.” Clinton Pettus has lived and worked in settings that were predominantly Black and those that were predominantly white. He and his wife, Kathryn, now live in a life-plan community where they are the only people of color.

Clinton Pettus is a member of the Baltimore Monthly Meeting of Friends, Stony Run but grew up in the Baptist tradition in the segregated South. His adult life has been devoted to working for education and social justice for people of color. Drawing on his lived experiences, Clinton explores the intersection of racism, colorism, sexism, and classism as they contribute to oppression and discrimination. Several colleagues will then respond from various perspectives that test the Quaker expression on misunderstandings.

Friday, July 2, 8:00–9:30 pm Eastern
Tara Houska
Indigenous Wisdom and Living With Our Mother

Tara Houska (Couchiching First Nation Anishinaabe) is a tribal attorney, founder of Giniw Collective, and a former advisor on Native American affairs to Bernie Sanders. She spent six months on the frontlines fighting the Dakota Access Pipeline, and is currently engaged in the movement to defund fossil fuels and a years-long struggle against Enbridge’s Line 3 pipeline. She is a co-founder of Not Your Mascots, a group committed to positive representation of Native peoples.

She is a TED speaker, the 2017 Harvard “Public Interested” keynote, received an “Awesome Women Award” from Melinda Gates, a 2019 Rachel’s Network Catalyst Award and is featured in “Women: A Century of Change” by National Geographic. Tara has written for the women-led climate anthology “All We Can Save”, the New York Times, the Guardian, Vogue, and Indian Country Today. She lives in a pipeline resistance camp in Northern Minnesota.

Saturday, July 3, 8:00–9:30 pm Eastern
Closing Worship

We will end our 2021 Gathering of Friends as we began, with worship, the very heartbeat of who we are. Let us come together in gratitude for new experiences, new Friends, and our community of faith. May this closing worship fill you and sustain you until we meet again.

FGC seeks to create a virtual space where the boundaries of every participant are respected. This is reflected in our Photo opt-out and No-Recording policies, which you can access anytime at

www.fgcquaker.org/photo-policy and
www.fgcquaker.org/gathering-no-recording-policy
How a Virtual Gathering Works

Most virtual Gathering events are held on Zoom, a video conferencing platform. Each event during the Gathering has its own link, which you will use to join the event at the set time. Events are held as Zoom meetings, rather than webinars, so you will be able to see other people attending the event.

Join from a computer, tablet, or smartphone. If you don’t have any of these, there are a number of events that you can join by calling in from a landline or cell phone. Note that some workshops require that you connect from a device with a screen. Check workshop descriptions for more information. Most event links will be available on a protected website where you can browse the Gathering event schedule and keep track of what you plan to attend. Daily event links will also be emailed to registered Gathering participants each morning of the Gathering.

We will be offering optional Zoom Basics training sessions to registrants before the Gathering begins (see p. 5).

Choose how much of the Gathering you want to attend. While many Friends register for the whole Gathering, some might be interested in only attending certain events, such as evening programs or workshops. You can register for different event packages (see descriptions p. 28), which will give you access to those specific programs. The fees for each event package are on a Pay as Led sliding scale (see description p. 25).

Like an in-person Gathering, you can register in advance for a multi-session workshop (see p. 15), or even more than one. Because most workshops are interactive, there are capacity limits on them, so some may fill up. Register during early registration (April 15–29) for the best chance of getting into your first choice of workshops.

“I probably was not going to attend due to the distance from my home. Although there were some things offered that made it tempting. But being able to attend virtually at a lower cost made it definitely doable.”

Virtual Gathering 2020 screenshot
Gathering Tips for All Attenders:
Gathering in a virtual space

Are you wondering how to prepare for an online Gathering? If you’ve been to in-person Gatherings, you’ll find that some tips remain the same. We also have new tips for this new way of Gathering.

- Think about time zones. When we Gather online, Friends join from many time zones. Due to space limitations, events in this Advance Program are listed in Eastern time. Visit the website for a conversion chart and a downloadable schedule with different time zones.

- Family participation and multiple devices. If you have more than one adult and children participating in the Gathering, make sure you have enough devices to accommodate people in your household participating in different events at the same time.

- Plan ahead for demands at home like meal preparation, child care, and time off from work.

- Balance. Consider your time limits for online participation and register for events accordingly.

- Download Zoom and get familiar with it before the Gathering. Attend a Zoom Basics training session offered by the Gathering.

- Take care of yourself. Stay hydrated. Plan breaks in your day when you can go outside, take a walk, take a nap, or call a friend.

Tips for First Time Attenders

Please attend one of the Welcome Sessions on Sunday, June 27 at 6:30 PM Eastern or Monday, June 28 at 9:30 PM Eastern. Welcome Sessions will introduce you to the Gathering and connect you to experienced buddies as well as other first time attenders. You can also practice your Zoom skills! Check the FGC website for more information about attending a Welcome Session.

Self-Care and Connection

Plan time away from your computer each day. Make mindful choices about which events to attend and when to do nothing. Get enough sleep. Join Friends at Open Hang-Out times to make new connections or deepen your existing ones.

Worship and Grounding

There are numerous opportunities for worship. Most worship sessions are open to anyone who wishes to attend. They are not limited to members of the sponsoring group, unless they say so specifically. The worship sponsored by FLGBTQC (Friends for Lesbian, Gay, Bisexual, Transgender, and Queer Concerns) is open to all Gathering attenders. Some worship sessions are for People of Color only. Check the website for more information on why FGC offers People of Color only worship spaces.

Are you a First Time Attender with questions?

Email the First Time Attenders Committee at FGCFirstTimeAttender@gmail.com

Receive Gathering Email Updates

Sign up today at www.FGCgathering.org
Receive monthly email updates, including a reminder when registration opens.
Gathering Opportunities

Meeting up with Friends at a virtual Gathering

There are a number of ways to meet up with Friends online at the 2021 Gathering. Afternoon sessions, late evenings, worship sharing groups, and the Tuesday Community Connections plenary are some ways to meet Friends with similar interests. You can also meet up with Friends at several times throughout the day at Open Hang-Out times during which you can join a self-organized group of Friends for fun, discussion, and building deeper connections.

Volunteering

Gathering in a virtual space is different from gathering in-person, but we still need volunteers to make it happen. Instead of Lend-A-Hand roles like driving a golf cart or ushering, we need Zoom Hosts for each of the programs we offer. This includes worship, worship sharing, and Open Hang-Out times.

The Zoom Host is the technology host of the event or meeting. A Zoom Host does not need to be a “techie.” FGC will provide training for volunteer Zoom Hosts prior to the 2021 Gathering.

Zoom hosts are needed. You can volunteer to be a Zoom host when you register. Training will be provided.

Open Hang-Out Times

The 2021 Gathering will have more Open Hang-Out times for Friends to organize, meet, connect, and share. Check the schedule for Open Hang-Out times. There will be People of Color Only Hang-Out times. Check FGC's website for more information.

Quaker Exhibits Webpage and Presentations

A Gathering webpage will highlight Quaker-related organizations, communities, and schools. Some Quaker Organizations will also be leading afternoon activities.

QuakerBooks of FGC

Missing the Gathering Bookstore? We're still here! QuakerBooks.org is an oasis of fascinating books for all ages, CDs, DVDs, gifts, and curricula relevant to Quakers and our concerns. QuakerBooks also offers a 2021 Gathering: Way Will Open collection of books for workshops.

Author Events

Come to Author Events on weekday afternoons to hear authors talk about their work. These are interactive events providing participants the opportunity to ask questions and engage with the authors.

Books are like friends — you can never have too many!

Browse classic titles and new favorites, plus pamphlets, ebooks, and curriculum at QuakerBooks of FGC.

Visit us during the Gathering or year-round at QuakerBooks.org

Nurturing Faith and Quaker Practice
Organized Groups

Organized groups allow Friends with similar interests to attend one event or many during the week. Here are some of the groups that host events at the Gathering.

Friends for Lesbian, Gay, Bisexual, Transgender, and Queer Concerns (FLGBTQC)

FLGBTQC meets at the Gathering for worship, business, and fellowship. FLGBTQC welcomes Friends of all sexual orientations and gender identities in its activities.

Healing Center

This center provides an opportunity for Friends to explore, practice, and experience healing modalities from many traditions. Volunteer for the Center when registering.

Nontheist Friends

Nontheist Friends host daily events exploring the range of nontheist beliefs among Quakers, and welcome conversations with theists as well.

People of Color Center

The center provides opportunities to people of all races for learning and fellowship around issues of race.

Quaker Arts Center

The center organizes displays and performances, and invites Friends to explore and discuss the creative process.

CALL FOR ARTISTS

The Quaker Arts Center, organized by the Fellowship of Quakers in the Arts, includes a gallery, performances, and other activities. Intent to Show forms will be available online.

Quaker Earthcare Witness (QEW)

We are a network of North American Friends with a focus on ecological integrity and environmental justice. Every afternoon QEW hosts speakers, discussions, videos, and exhibits about creating an environmentally sustainable future.

American Friends Service Committee (AFSC)

Guided by the Quaker belief in the divine light of each person, AFSC works with communities and partners worldwide to challenge unjust systems and promote lasting peace.

QuakerMart.com (QMart)

Did you miss QMart at the 2020 Virtual Gathering? QMart is back and online! The QuakerMart.com website will showcase Friends’ crafts, books, jewelry, art, and other items. Guidelines and sign-up forms for vendors are on the Gathering website. Questions? Contact Nancy Haines at QuakerMartCart@gmail.com

Questions to gathering@FGCquaker.org or 215-561-1700 option 2
Worship Opportunities

Worship

May way open as we worship together at the Gathering. Opening and closing worship for the community book-end our week. Opportunities to celebrate, mourn, sing, center, heal, and pray sponsored by different centers and programs will be listed in the Daily email, along with queries for reflection. The Silent Center will offer an oasis for quiet, personal worship, and most workshops include worship or worship sharing. As you prepare for the Gathering, consider how you might connect with Spirit, broaden your concept of worship, and remain open to new ways of knowing the Divine, in this time of radical change.

Worship Sharing Groups

Are you seeking a small group experience within the larger Gathering? Do you wish to meet new friends and build community? Worship sharing groups of six to eight people will meet each day to reflect on queries. Indicate your interest when you register and you’ll be assigned to a group. Those who register ahead of time will worship share with the same Friends each day. A drop-in option will also be available.

Leadership Needed: Worship sharing group leaders will create and hold a welcoming and safe environment in which Friends can be open to Spirit and to one another. They will meet with the same group throughout the week. They will share and encourage Friends’ use of worship sharing guidelines and mentor Friends who stray from the guidelines. Volunteer when registering to be considered as a worship sharing leader.

Bible Half Hour

Benigno Sánchez-Eppler came to Friends 40 years ago and has been an active servant-leader in many Quaker organizations since his convincement. He teaches at Amherst College and at the Quaker Peace Institute of Cuba Yearly Meeting. He has collaborated on translating early Quaker writings into Spanish.

Benigno brings wide experience and deep love of the Bible to the 2021 Gathering. He will bring us into conversation with early Friends whose manner of living in the certainty that Way Has Already Opened can speak to our own present urgency and show us a path forward. See a detailed description on the Gathering website.

Discover deepening resources for meetings, individual Friends, and spiritual seekers through FGC’s Spiritual Deepening Library and eRetreats

• FREE web-based library of small group activities
• Online eRetreats for Friends and newcomers
• Topics include: Worship, Spirit-led Activism, Anti-racism, and more!

Deepen your spiritual practice at FGCquaker.org/spiritualdeepening
Pre-Gathering Events

This year’s pre-Gathering events include a day-long Adult Young Friends retreat, a Retreat for People of Color and their Families, a Quakers and Business retreat, and one-day workshops on Sunday, June 27th. Check the Workshops section for more information about Sunday workshops.

Saturday, June 26
Adult Young Friends Retreat  FGC

Adult Young Friends (age 18-35) will hold a one-day retreat to discuss our day-to-day spirituality and faith practices. We will reflect on joys and challenges, offer support to each other, and discuss the query, “How do we transform into an actively anti-racist faith community?” See details about the AYF pre-Gathering retreat on the Gathering website.

Friday night, June 25 through Sunday, June 27
Retreat for People of Color and Their Families  FGC

FGC’s Ministry on Racism Program is sponsoring a Pre-Gathering retreat for Friends of Color and their immediate family members to create a community as a resource for the Gathering and beyond. Friends of European descent are welcome provided they are attending with a family member (e.g. spouse, child) who is a Person of Color.

Friday, June 18 through Sunday, June 20
Quakers and Business Conference

Early Quakers were social rejects; they went into commerce to support themselves. Using a close support network and Quaker values, they created profitable and respected businesses. We remember their example as we move forward in our current work and business lives. Join us for community, connection, and opening to Spirit.

Are you a Friend of Color who wants to connect with other Friends of Color to deepen your spiritual journey?

- Virtual Retreats for Adults & Youth of Color Only
- Virtual Retreat for Adults of Color and their spouses
- Virtual Weekly Meeting for Worship, Worship Sharing and Bi-monthly Open Worship

Register for these events online at FGQuaker.org/FOCevents

photograph by Mike Goren
Junior Gathering
(Children’s Program)

Do you have young children? Are you raising young children whom you hope to nurture in Quaker spirit and practice? Join us every afternoon for Junior Gathering!

What is Junior Gathering?
• A joyful, spiritual community of newborns to rising ninth graders (for High School program, see pp. 12–13).
• Where young people learn, play, and wonder together
• A time for games, songs, stories, and creativity
• A place to make friends and experience Quaker spirituality with Friends from across the continent
• Full of fun and educational Quaker-based activities led by a diverse, caring, and skilled staff.

Junior Gathering offers:
• A daily session from 4:30–6:00 PM Eastern for children from birth-9th grade to join together for art, music, and spiritual exploration. We will offer age-based break-outs during each session.
• Join us Wednesday for an exciting All-Ages Evening Program with Niyonu Spann! (p. 2).
• New for 2021 — Theme Days! Get a little goofy and dress up with us for a different theme each day of the week!
• New for 2021 — JG at Home Activities: Each day we’ll suggest an activity you can do offline after the Zoom session. This is a way to connect more deeply with our program while enjoying some hands-on time offline. Come back the next day and share your creation with the group!
• New for 2021 — Break-out Groups: We will offer more age and activity-based break-out rooms so youth can build community together over the week.

“It was fun meeting families from all over.”
— Junior Gathering Parent 2020

photograph by John Margerum
Gathering online gives us the opportunity to experiment with a new program model. As in 2020, this year we are offering a simplified version of our Junior Gathering program. Our aim is for this programming to be flexible for families and inclusive of young people of all ages. We will offer one session daily featuring some of Junior Gathering’s favorite activities. Stop by to create art as a family, enjoy story time, and share some homemade creativity at our Junior Gathering Open Mic!

Junior Gathering staff strive to keep our Junior Gathering community engaging, nurturing, inclusive and welcoming of all children and families. If you want to learn more or have questions, please contact: Gathering Youth Coordinator Marian Dalke or the Junior Gathering co-clerks at JG@fgcquaker.org.

Registration

June 13 is the deadline to register children for Junior Gathering. Because of our online format, children are welcome to come and go through the week and join us for whichever sessions they are interested in.

Online Youth Safety Policy: Must be reviewed and signed online by both the parent/guardian and children ages 10+ before they are enrolled in Junior Gathering. A parent is expected to be present and in the room with children under age 10 during Junior Gathering.

Parental/Guardian Release Form: For Middle and High school only. Please complete and sign this form online. All Middle Schoolers must have this release form before they can be enrolled in Junior Gathering.

“The variety of activities and the ability to come and go worked very well.”

— Junior Gathering Parent 2020
High School

Join a group of high-school aged Quakers from all over North America for a week of spiritual exploration and fun.

Virtual Gathering’s High School program emphasizes spiritual nourishment, community connection, and identity development.

Goals of FGC’s High School Program

- Provide a supportive and healthy social and spiritual community for Quaker youth that enables engagement and connection to Quaker practice and Quaker values.
- Provide unprogrammed time for participants to develop connections, enjoy leisure, participate in voluntary activities, and attend to self-care needs.
- Provide a brave space for each participant to discover and express themselves truly and freely.

High School Program

The 2021 High School program will take place on Zoom from June 27–July 3. Participants create a self-governing community (with a little help from adult f/Friends who serve as counselors). The Program provides flexibility for participants to attend sessions based on their interest and availability. The Program includes all-Gathering activities (workshops, evening program, worship, etc.), as well as additional High School-specific events. The daily Support Group anchors the week, where participants meet in small groups with peers and staff to engage in personal and spiritual activities. Participants are also invited to join identity-based affinity groups and nightly hang-outs for music, games, and creative silliness! We close out the week with worship and a dance party.

The Orientation and Support Groups are the only mandatory aspects of the 2021 Gathering’s High School program. Support Groups will be offered at a variety of times to enable participant involvement. Participants can choose which additional activities they would like to attend during the week. Workshop participation is strongly encouraged. There are a variety of workshops to choose

“My Gathering experience made me more encouraged to share my beliefs.”

— 2020 Participant

photograph by Christian Hayden
from (pp. 15–24). Select one that satisfies your needs for worship, self-reflection, discussion, activity, and relationship building.

**NEW FOR 2021:** The 2020 High School community discerned a clear commitment to FGC’s anti-racism work. As a result, we will be offering substantial anti-racism and liberation programming for High School participants this year.

**Who Participates?**

The Program is open to young people who have completed ninth grade, have not yet turned 19 as of June 26, 2021, and have not yet completed a first year of college. Only Gathering attenders in this age range may participate in the Program. Non-Quaker teens are welcome in our community; however, we invite them to seek clearness from a local meeting before registering. Participants must attend the full week of Gathering and all required activities. For Virtual Gathering Only: Participants in this age range may attend all-Gathering events without participating in the High School program if they prefer.

**More Information**

- **June 13 is the deadline** to register participants for Gathering.
- **Parental/Guardian Release Form:** Please complete and sign this form online. All youth must have this release form before they can be enrolled in the Program.
- **Online Youth Safety Policy:** Must be reviewed and signed online by both the participant and the parent/guardian before they are enrolled in the Program.
- **Sunday, June 27: Mandatory Orientation Meeting** for all participants and at least one parent or guardian.

The complete program guidelines will be e-mailed in advance of the Gathering, as will the all-Gathering expectations. More information about the High School Program and the program guidelines are on the Gathering website. Contact HS Coordinators Maya Dougherty-Harris (mdoughertyharris@gmail.com) and Ethan Chiddicks (chiddicks@gmail.com) or Marian Dalke, Gathering Youth Coordinator (mariand@fgcquaker.org) with questions or concerns.

“Everyone was super inclusive and we all got along really well and had a lot of fun.” — 2020 Participant

Questions to gathering@FGCquaker.org or 215-561-1700 option 2
Adult Young Friends

The Adult Young Friends (AYF) program is a self-led intentional community of Friends age 18–35 who come together at the Gathering to support, inspire, and challenge each other in our life journeys. We represent a variety of backgrounds, and hail from all over the world of Quakerdom.

Participants in AYF are involved in every aspect of the Gathering. The community also hosts a number of AYF specific events throughout the week. We strengthen our community through worship, AYF affinity groups, Meeting for Business, and share in fellowship and celebration. We create a community in which we can grow, bond, and strengthen our connection to our faith.

We encourage all registered young adults to participate in the programming.

For more information about AYF programming, contact coordinators Sarah Haber, sarahmachiko@gmail.com, 609-661-2728, or Luke Arendasky, larendasky@gmail.com, 610-772-0944, or visit the Gathering website.

AYF Pre-Gathering Retreat

The AYF Pre-Gathering Retreat provides an additional day for self-selecting AYFs to gather (see “Pre-Gathering Events,” p. 9).
Workshops

Workshops offer Gathering adults and high school participants the opportunity to be immersed in a topic with other interested Friends. Friends stay in the same workshop through multiple sessions, forming a small community within the Gathering. Most workshops include worship or worship sharing.

Workshop Sessions: This year workshops are offered in 3 timeblocks. You may register for one workshop during each block. Please see the website for more details.

100 Block: Sunday, June 27 (three 90-minute segments)
200 Block: Monday through Friday (five 90-minute segments)
300 Block: Saturday, July 3 (three 90-minute segments)

Detailed descriptions online: Brief descriptions of workshops appear below. These and longer descriptions are available online. Workshops marked with * indicate anti-racism experience levels. Please see the website for details.

Equal access during Early Registration, April 15–29: Friends registering April 29 are as likely to get into a popular workshop as are those registering April 15.

Part-time and Audio Only Participants: Most workshops ask for full-time participants. PT (part-time) indicates that a Friend may attend for as little as one session. Workshops will be held on Zoom. Audio Only indicates whether a workshop leader is open to Friends who don’t have the ability to use Zoom and need to call in on a phone line.

Sunday, June 27 Workshops

Three 90-minute sessions
EDT: 12:00–1:30 PM, 2:30–4:00 PM, and 5:00–6:30 PM
PDT: 9:00–10:30 AM, 11:30 AM–1:00 PM, and 2:00–3:30 PM

Open to adult and high school participants

100 200 Years of Quaker Engagement with China
Patrick Lozada
A rising China will help define the 21st century. Yet despite Quaker commitments to peace, there are linguistic, cultural, and political barriers that prevent Friends from engaging with China. This workshop seeks to overcome these barriers using Quakers’ long history in the country as a roadmap for future engagement.

PT, Audio Only: Yes
Worship/worship sharing 20%; Lecture 50%; Discussion 20%; Experiential activities 10%

101 Climate Change Journey: Awakening to Hope
Emily Northrop
Our workshop will move from awakening to the crisis to hope for addressing it. Slides will present information and prompt discussion. Queries will invite reflection. Past workshop participants ranged from Friends with basic questions to some who have taught climate change. All are welcome!

PT, Audio Only: No
Worship/worship sharing 10%; Lecture 30%; Discussion 60%; Experiential activities 0%

102 Discerning and Documenting a Conscientious Objector Claim
Curt Torell
This workshop is for teens and their meetings to support a claim as a conscientious objector within current Selective Service regulations. It is for two simultaneous groups: for teens (men and women) exploring conscientious objection and post-18-year-old adults, parents, mentors, FDS leaders, to adapt this curriculum for their meeting.

Audio Only: Yes
Worship/worship sharing 15%; Lecture 20%; Discussion 40%; Experiential activities 25%
Read detailed workshop descriptions online at www.FGCgathering.org

103 Friends, Justice and the Law
Peter Phillips
Quakers navigate secular law, a vision of justice, and our Spirit-infused testimonies. What tensions arise from these concerns? This one-day workshop explores Friends’ experience seeking “right relationship” with notions of Spirit, justice, law and loving acceptance. Interactive role-plays involved.
PT, Audio Only: No
Worship/worship sharing 30%; Lecture 25%; Discussion 25%; Experiential activities 20%

104 Paul’s Letter to the Galatians
Andrew Wright
The apostle Paul’s quotes often resonate for Friends despite the dissonance we feel toward the Paul described by Christian tradition. In this workshop, we will re-consider Paul’s Letter to the Galatians to understand it a bit more in its context and to explore what it means for us today.
Audio Only: Yes
Worship/worship sharing 15%; Lecture 25%; Discussion 30%; Experiential activities 30%

105 Whitman’s Song of Myself
Su Penn
In his long poem “Song of Myself,” Walt Whitman repeatedly declares himself at peace, only to have his peace troubled as he attempts to find more than mere personal comfort: a peace that encompasses all of humanity and creation. Together, we will share this painful and ecstatic journey with him.
PT, Audio Only: Yes
Worship/worship sharing 20%; Lecture 10%; Discussion 70%; Experiential activities 0%

Monday–Friday, June 28–July 2 Workshops
One 90-minute session per day
EDT: 2:00–3:30 PM
PDT: 11:00 AM–12:30 PM

Open to adult and high school participants

200 A Vital Faith for the Future
Barry Crossno
We are living in a time of change, across the world and across the landscape of the Religious Society of Friends. FGC’s General Secretary will facilitate discernment in where you are led, in order to better understand how FGC might support individuals, monthly meetings and yearly meetings in broad spirit-led change.
Audio Only: Yes
Worship/worship sharing 25%; Lecture 20%; Discussion 20%; Experiential activities 35%

Good news travels fast among Friends!
You can be the first to know about the latest news, events, and program announcements from FGC when you subscribe to updates!
Visit our website to sign up for our email and print mailing lists, and to follow us on social media:
FGCquaker.org/SubscribeNow
All Together Now: Centering the Needs of Families
Melinda Wenner Bradley
What if the needs of families and young people were at the heart of meeting life? What would change? What would be lost? What would grow? Sharing from research and experience, we will explore these questions and make space both to dream about possibilities and listen to the resistance.

PT, Audio Only: Yes
Worship/worship sharing 20%; Lecture 30%; Discussion 30%; Experiential activities 20%

Anything I want? What is a Quaker?
Paul Buckley
The contemporary Religious Society of Friends encompasses a wide range of beliefs and practices. This workshop will seek to uncover an essential kernel of principles that define it. Sharing our stories and experiences, we will try to identify what is essential to being a Quaker.

PT, Audio Only: Yes
Worship/worship sharing 35%; Lecture 25%; Discussion 20%; Experiential activities 20%

Artistic Engagement as Quaker Worship
Arthur Fink
We will explore together the spiritual content and power of our engagement with the arts, either as direct creators or as those experiencing creative works. In what ways does our artistic engagement become worship? How does our studio, workshop, writing nook, or other place of creation become another meeting house?

PT, Audio Only: No
Worship/worship sharing 40%; Lecture 10%; Discussion 30%; Experiential activities 20%

Challenging Ethnic and Racial Divisions*
Vanessa Julye and Janice Domanik
An advanced workshop for Friends actively engaged in racial justice work. We will share successful approaches to addressing White Supremacy and colonialism that will enhance our techniques for challenging racial and ethnic divisions. Participants must write a statement about their work. Participants in this workshop will have access to materials and supplemental resources through FGC’s Spiritual Deepening eRetreat platform.

Audio Only: No
Worship/worship sharing 20%; Lecture 10%; Discussion 20%; Experiential activities 50%

Clerking with Joy and Confidence
Steve Mohlke
This workshop will focus on all aspects, both theoretical and practical, of being a presiding clerk of a Friends meeting or committee. There will be handouts and opportunities for experience sharing. Most work will be done in a whole group setting. There will be a suggested $10 materials charge.

Audio Only: Yes
Worship/worship sharing 10%; Lecture 20%; Discussion 65%; Experiential activities 5%

Daily Extended Meeting for Worship
Jorge Arauz
The experience of worshipful communion with Spirit is ineffable. We meet in silence to devote our attention to the Divine, giving ourselves over to God’s loving care and power.

PT, Audio Only: Yes
Worship/worship sharing 100%; Lecture 0%; Discussion 0%; Experiential activities 100%

Decolonizing Our Future: A look into colonialism and the road to liberation
Nia Eubanks-Dixon and Sophia Burns
‘Decolonizing Our Future: A look into colonialism and the road to liberation’ is a training that walks with participants as they build and implement liberation principles for self and systems while grounding the group in the history, legacy, and impact of colonialism and racism.

Audio Only: No
Worship/worship sharing 15%; Lecture 15%; Discussion 30%; Experiential activities 40%
Deepening the Conversation and Building Community  
Marlene Coach, Bertha Peña, Rashid Darden, Tomi Nagai-Rothe, Elanna Reber

Our goal is to build the Friends of Color community and deepen the conversation starting with history. We will then examine the Quaker of Color experience through our own stories, use healing movement to build community and envision our future as Quakers of Color. For People of Color only.

Audio Only: Yes
Worship/worship sharing 25%; Lecture 20%; Discussion 30%; Experiential activities 25%

Early Christianity  
Gail Thomas

How did Jesus the messenger become the message? What can we know? Can we know anything for sure? Looking at the gospels, including Thomas, Paul, and the historical context, can we sort out what and when? What has Jesus to say to us today?

Audio Only: No
Worship/worship sharing 30%; Lecture 10%; Discussion 20%; Experiential activities 40%

Eating with Christ: Thoughtful Bites  
Barbara Birch

"I will come in and eat with you, and you with me (Rev 3:20)." For Friends and Attenders who want to eat and drink in a more Spirit-led healthy way one day at a time.

Audio Only: No
Worship/worship sharing 25%; Lecture 25%; Discussion 25%; Experiential activities 25%

Enlarging the “We”: Living into a Testimony of Equality  
LVM Shelton

The dictum: “Let love be the first motion” implies that actions of integrity need to be spirit-led. In discernment for such action we need both to hold our own center and meet others at theirs. This workshop highlights practices that help us grow into uncovering that common center.

PT, Audio Only: No
Worship/worship sharing 40%; Lecture 10%; Discussion 20%; Experiential activities 30%

Gathering In The Light: A Writing Workshop About Joy  
Larry Tayler

Where do we find joy in our lives? How do we create it in challenging times? These are primary questions for this writing workshop. As a counter-intuitive balm for the soul, it will be a safe, encouraging, non-judgmental place to explore the healing power of joy using the written word.

Audio Only: Yes
Worship/worship sharing 15%; Lecture 0%; Discussion 35%; Experiential activities 50%

Give Voice: Sing It Out!  
Laura Dungan

What would it be like to create a safe space to learn new songs, cherish old ones and delight in the sound of your voice? Through small group sharing, invited guest song-leadership, and opportunities for your own song-leadership (optional) we will build a supportive community through the week.

For those who identify as women, genderfluid, genderqueer, or nonbinary.

Audio Only: No
Worship/worship sharing 10%; Lecture 0%; Discussion 20%; Experiential activities 70%

Life Lessons from a Bad Quaker: Bad at Being Good?  
J. Brent Bill

A light-hearted, but serious, workshop for anyone who is bad at being good. We will undertake a joyful, interactive exploration of the testimonies and how they impact our everyday lives. With whimsy, humor, and wisdom, we’ll explore how to live a life that is simple yet satisfying, peaceful yet strong.

Audio Only: Yes
Worship/worship sharing 10%; Lecture 20%; Discussion 35%; Experiential activities 35%
215 **Listening Meetings and Organizations into Wholeness**  
*Tom Rothschild*

In this experiential workshop we will, in worship, study together deep listening, brainstorming, forgiveness, exercises from the Alternatives to Violence Project and more, gaining skills to help Meetings and organizations find and name their unspoken truth, strengthen their unity of understanding, resolve issues and conflicts they face.

Audio Only: No  
Worship/worship sharing 20%; Lecture 20%; Discussion 30%; Experiential activities 30%

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216 **Living into a New Paradigm for Earth: Reciprocity**  
*Lynn Fitz-Hugh and Mary Ann Percy*

The paradigm underlying colonization is one of take, plunder and dominate and human exceptionalism. The rest of creation exists to serve us. The climate crisis we now face is but one consequence. Using Joanna Macy exercises, worship sharing and discussion, we explore a life-celebrating alternative.

Audio Only: No  
Worship/worship sharing 35%; Lecture 15%; Discussion 25%; Experiential activities 25%

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217 **Muscle-Building: A Peace and Justice Workout**  
*Pamela Haines*

Listening and connecting, engaging in conflict and repair, listening for and speaking truth, facing grief, and cultivating hope and courage – these are the “muscles” we need to build to be effective peace, justice and climate activists. We’ll develop and practice a non-violent workout routine to exercise these muscles. Highly interactive.

Audio Only: Yes  
Worship/worship sharing 20%; Lecture 10%; Discussion 35%; Experiential activities 35%

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218 **Nontheism Among Friends**  
*Robin Mallison Alpern*

We will use activities and discussion to explore Quaker life not centered on belief in God. What is spirituality for nontheist Friends? What are our challenges? How can all Friends grow from theological diversity within Quakerism? All seekers will find a safe space to celebrate and deepen their spiritual lives.

Audio Only: No  
Worship/worship sharing 5%; Lecture 15%; Discussion 60%; Experiential activities 20%
Nurtured by Stories About Meeting for Worship
Alison Levie
Together we will mine our experiences of meeting for worship to explore the magic, mystery, and communion that is possible and address the challenges and supports of expectant Quaker worship. Using historic and contemporary stories to inspire us, we will listen to each other’s stories to deepen our worship experience.
Audio Only: Yes
Worship/worship sharing 30%; Lecture 15%; Discussion 25%; Experiential activities 30%

Opening Quaker Testimony to the Spirit
Jim Fussell
We will engage inward and outward aspects of Quaker Testimony (SPICES) in 3 contexts: our individual faith journeys, within communities such as meetings and schools, and as public witness. We’ll also explore ‘continuing revelation’ in the emergence and renewal of Quaker Testimony, in the past, present and future.
PT, Audio Only: Yes
Worship/worship sharing 30%; Lecture 10%; Discussion 35%; Experiential activities 25%

Practical Spirit-led Discernment in Daily Life
Jerry Knutson
Discernment is the bedrock on which Quakerism is built. Participants will learn and practice discernment. The facilitator authored Pendle Hill Pamphlet #443 on Discernment--their best-selling pamphlet. Reading the pamphlet before Gathering is encouraged. If participants want to discern a concern, decision, relationship, etc., they can have a Clearness Committee.
Audio Only: Yes
Worship/worship sharing 35%; Lecture 20%; Discussion 5%; Experiential activities 40%

Quakerism 101: An Introduction
Michael Levi and Jade Eaton
This workshop will provide a framework to better understand Quakers (mainly unprogrammed, theologically diverse Friends), and give participants an opportunity to reflect and converse with fellow seekers. It is designed for relative newcomers and as a refresher for more experienced Friends. We will explore Quaker spirituality, history, and practices.
Audio Only: Yes
Worship/worship sharing 15%; Lecture 30%; Discussion 35%; Experiential activities 20%

Quakers Seeking Right Relationship with Indigenous Peoples
Buffy Curtis, Liseli Haines, and Paula Palmer
In this workshop, we will explore the historical truth of colonization, the role that Quakers played, and its effects on Indigenous Peoples. We will look at our responsibilities as allies today with the wisdom and guidance of “Active Hope” and the “Good Mind” as we move forward into Right Relationship.
PT, Audio Only: No
Worship/worship sharing 25%; Lecture 30%; Discussion 25%; Experiential activities 20%

Quakers, Blacks and Abolition: Reflecting and Visioning
Lewis Webb and Lucy Duncan
There is a longstanding partnership between Quakers and Black organizers in other communities. Let’s reflect upon this co-conspiratorship in the context of slavery, abolition, and its thread to visioning abolition of the current criminal justice system. We will imagine what roles and actions Quakers can take as Friends and friends.
Audio Only: Yes
Worship/worship sharing 15%; Lecture 10%; Discussion 40%; Experiential activities 35%
225 Tai Chi, Lao Tsu, and Quaker Worship
John Smallwood
This is principally a movement workshop. We will discover the experiences of body awareness, movement, internal energy (chi), and meditative practice. Participants will be taught a simplified tai chi form called Tai Chi Chih. We'll also explore selections from the Taoist contemplative classic, the Tao Te Ching.

Audio Only: No
Worship/worship sharing 10%; Lecture 10%; Discussion 10%; Experiential activities 70%

226 The Mysticism and Activism of Howard Thurman
Elizabeth Evans
The words and stories of Howard Thurman (1899-1981) will be shared through audio, video, and reading aloud, followed by time for reflection and sharing. Topics include his timeline, his Quaker connections, his role in the civil rights movement, and how he might inspire us in our work today.

Audio Only: No
Worship/worship sharing 25%; Lecture 25%; Discussion 25%; Experiential activities 25%

227 The Power of Enough
Jacqueline Stillwell
What is essential? How much is enough? Is my use of time, energy and “things” in right balance to free me to do God’s work, and contribute to right order in our world? We’ll consider queries, play, sing, and reflect on implications of our personal choices and their ripple effects.

Audio Only: No
Worship/worship sharing 30%; Lecture 10%; Discussion 25%; Experiential activities 35%

228 Theological Diversity among Friends
Stephen Angell and Rosemary Coffey
We know that contemporary Friends’ beliefs vary greatly. How did this happen? What does it mean? Can we find the origins of Friends’ theological diversity in Early Friends? Can we discern what brings us together now? Come to learn and share what makes us all Friends today despite our differences.

Audio Only: Yes
Worship/worship sharing 25%; Lecture 15%; Discussion 30%; Experiential activities 30%

229 Threads of Spirit
dest/jess(ie)/etc. purvis and Judy Purvis
How does our handwork – be it spinning, knitting, beading, or any other hand creation – dovetail with our spiritual identity? Bring your work in progress or learn something new! We will explore how making can provide space for creativity, contemplation, and affirmation. Co-led by an experienced beader and an experienced knitter.

Audio Only: No
Worship/worship sharing 50%; Lecture 0%; Discussion 25%; Experiential activities 25%

230 Where the Words Come From
Christopher Sammond
How do we better access the Source of vocal ministry, “where the words come from”? We will forge a community of depth and trust and from that place explore Spirit-led vocal ministry, using practices to better gather ourselves, listen, and distinguish the voice of the Divine from our own.

Audio Only: Yes
Worship/worship sharing 35%; Lecture 5%; Discussion 15%; Experiential activities 45%

231 White on White: Color-Brave Conversations*
Chuck Esser and Polly Attwood
A highly-interactive beginning/intermediate level workshop for people of European American descent interested in understanding the forces of racism in our lives. We will explore the impact of racism through presentations, films and discussion, and consider our own racial justice response and our part in co-creating the beloved community.

Audio Only: No
Worship/worship sharing 20%; Lecture 15%; Discussion 40%; Experiential activities 25%
Yoga and Movement for Worship  
*Cindy Herr and Jim Herr*

Come for a workshop of worship through movement. We will practice yoga, qigong and other body prayers. Daily practices include sun salutations, and standing, seated and lying-down postures. Movement will be tied to poetry, music, and contemplative practices. Our intention is to open ourselves to Spirit and our Blessed Community.

Audio Only: No  
Worship/worship sharing 30%; Lecture 0%; Discussion 20%; Experiential activities 50%

**Intergenerational**  
50% high school and young adults, 50% older

Handwork as Spiritual Practice: Ministry, Magic and Prayer  
*Stasa Morgan-Appel and Katherine Spinner*

We’ll practice handwork together, with queries about gifts, ministry, making, and spiritual practices of magic and prayer. We’ll begin (perhaps finish!) a gift for ourselves or someone else. Newer and more experienced crafters welcome. Attenders should have familiarity with basics of knitting or crochet.

Audio Only: Yes  
Worship/worship sharing 33%; Lecture 0%; Discussion 33%; Experiential activities 34%

Restoration and The Power of Stories  
*Cai Quirk*

How do stories and myths relate to our lives today? What can we learn from ancient and modern stories and how can these connect us more deeply to each other and the Divine? Together we’ll explore meaning, metaphor, and spirituality through the power of stories, including creating some of our own.

Audio Only: Yes  
Worship/worship sharing 25%; Lecture 20%; Discussion 25%; Experiential activities 30%

Abandon All Weariness  
*John Calvi*

When was the last time you were free of worry, really laughed, and your entire body relaxed? This workshop is for seekers and the weary to rest. We’ll learn simple forms of energy work, clothes-on massage, or meditation each day. All abilities welcome. Oodles of grace.

Audio Only: No  
Worship/worship sharing 10%; Lecture 40%; Discussion 15%; Experiential activities 35%

Accompaniment for Following God’s Call  
*Marcelle Martin*

For those wanting to become more whole-heartedly receptive and responsive to divine guidance. In this workshop we’ll explore practices to support each other in faithfulness and help each other discern next steps in following our calls and leadings, as way opens. We’ll pray for each other and go forth encouraged.

Audio Only: Yes  
Worship/worship sharing 20%; Lecture 20%; Discussion 10%; Experiential activities 50%
238 Mediating Trauma through Creative Expression  
Jennifer Elam  
Deep spirituality and psychological principles will be paired with creative media including art, music/movement, writing, and story-telling — accessing good memories and building visualizations of living one’s purpose in the world, enlisting the healing flow of the Holy Spirit in way opening, beyond the effects of trauma.  
Audio Only: No  
Worship/worship sharing 22%; Lecture 5%; Discussion 8%; Experiential activities 65%

239 Reducing Energy Use on our Properties  
John Hayden  
In this hands-on workshop, we will discuss Environmental Stewardship as an individual, in our Meetings, and in communities. Participants will leave with practical tools (we will use specific software), a plan for moving forward, and connections to like-minded people who are actively working on reducing their community’s carbon footprint.  
Audio Only: No  
Worship/worship sharing 10%; Lecture 20%; Discussion 20%; Experiential activities 50%

240 White on White Racial Justice Facilitator Training*  
Marijke van Rooyen and Carolyn Lejuste  
The Ministry on Racism receives many requests from Meetings that have experienced racialized incidents, are seeking repair or healing, or need help with their own racial justice journeys. To meet this need, this workshop will prepare white folx who already have a strong racial justice foundation to serve as facilitators.  
Audio Only: No  
Worship/worship sharing 15%; Lecture 20%; Discussion 35%; Experiential activities 30%

241 Workshop Sampler  
Various Leaders  
Each day’s topic and presenters are different.  
Monday: Forgiveness as a Spiritual Practice — Sue Regen, Lu Harper and Kenn Harper  
Tuesday: Finding that of God in people we dislike — Karen Tibbals  
Wednesday: Understanding trauma informed child development, ACES — Dale Bordelon  
Thursday: Activists for Life: Grounding that makes a difference — Bette Rainbow Hoover  
Friday: A Day with Thomas Kelly — Mary Miche  
PT, Audio Only: Yes

Saturday, July 3 Workshops  
Three 90-minute sessions  
EDT: 12:00–1:30 PM, 2:30–4:00 PM, and 5:00–6:30 PM  
PDT: 9:00–10:30 AM, 11:30 AM–1:00 PM, and 2:00–3:30 PM

Open to adult and high school participants

300 A Day with Thomas Kelly  
Mary Miche and Keenan Lorenzato  
Thomas Kelly’s writings have helped many to deepen and grow their spiritual lives. Friends of various life stages and Quaker experience will find his wisdom still speaking to us today. Hopefully you will be touched by Thomas’ beautiful writing and be inspired by his devotion to the spiritual path.  
PT, Audio Only: Yes  
Worship/worship sharing 40%; Lecture 30%; Discussion 30%; Experiential activities 0%

301 Class and Status in OUR Egalitarian Religious Society?!  
Carol Anne Ferlauto  
Despite our egalitarian structure, classism and “status-ism” prevail among Friends. This interactive workshop will emphasize cultural differences connected to class, status, and educational background. Reflect, explore, and discuss often misunderstood class differences. Reenvision our communities to be more inclusive, and co-create rough blueprints for the renovations!  
PT, Audio Only: Yes  
Worship/worship sharing 15%; Lecture 10%; Discussion 35%; Experiential activities 40%
302 Discovering the Divine Flow in Our Lives
Joel Cook and Shulamith Clearbridge
A deep exploration into how we experience the Light, deny, struggle with, or accept and follow the guidance of Spirit in our daily lives. Resistance and Obedience to God, Memoirs of David Ferris (1707–1779), is the basis for a rich examination and sharing of how God reaches us and how we respond.
PT: Audio Only: Yes
Worship/worship sharing 30%; Lecture 15%; Discussion 35%; Experiential activities 20%

303 Discovering, Developing, and Acknowledging our Spiritual Gifts
Regina Renee Ward and Diego Navarro
Recognizing one’s gifts is not a practice all Friends are comfortable with, but if recognized as ministry it might be more possible to develop. What spiritual gifts would you like to develop in yourself that would help make your meeting, your family, your community, or even the world a better place? For People of Color only.
PT: Audio Only: Yes
Worship/worship sharing 5%; Lecture 5%; Discussion 45%; Experiential activities 45%

304 Embodying Quaker Spiritual Wisdom Through Chant
Paulette Meier
Chanting inspirational words has been part of contemplative traditions throughout time. Drawing primarily on the chants from her latest album, Wellsprings of Life: Quaker Wisdom in Chant, Paulette will lead us in singing, exploring, and storing in our deep memories the profound spiritual wisdom available in our own Quaker tradition.
PT: Audio Only: Yes
Worship/worship sharing 15%; Lecture 5%; Discussion 10%; Experiential activities 70%

305 Growing a Monthly Meeting
Victor Thuronyi
How can a local meeting grow? This workshop provides a comprehensive overview of what we know and gives participants the chance to discuss how it applies to them. Growth of a meeting will be framed as a spiritual exercise, involving letting go, deepening spirituality, and acceptance.
PT: Audio Only: Yes
Worship/worship sharing 5%; Lecture 30%; Discussion 60%; Experiential activities 5%

306 Movement To Be Better Men: A spiritual invitation to step up
Dunan Herman-Parks
In this play-shop geared towards those who have been put in the “man box,” we will uncover how patriarchy holds us back as individuals and collectively, using body-centered exercises and discussion. All ages and abilities are welcome. Come if you have never moved/danced, hate it, or love it. For all who identify as men, with a focus on those with white male privilege.
Audio Only: No
Worship/worship sharing 20%; Lecture 5%; Discussion 20%; Experiential activities 55%

Couples Only

307 Couple Enrichment: A Spiritual Practice
Michael Green and Marsha Green
Come explore the spiritual practice of Couple Dialogue - a way of being with your partner that asks you to listen deeply, speak compassionately, and hold each other lovingly. In this safe and sacred space, we invite couples to reconnect with their beloved and to the Spirit within and between them.
Audio Only: No
Worship/worship sharing 20%; Lecture 10%; Discussion 10%; Experiential activities 60%
Pay as Led and Financial Aid

Why Pay as Led?

Pay as Led is a method of offering sliding scale pricing so that the Gathering is more accessible for people with a wide range of abilities to pay. We are all enriched by a broad diversity of attenders. For Friends, Pay as Led can be an act of faith for economic justice.

What do my registration fees pay for at a virtual Gathering?

While on-site rentals and room and board costs are eliminated in a virtual Gathering, administrative costs remain. The Gathering staff works year-round to support the Gathering Committee’s plans and make them come to fruition. FGC maintains office space, equipment, utilities, and the internet access, platforms and software that a virtual Gathering is built on. Producing the advance program and hiring experts to manage the technical aspects of livestreaming the evening plenary programs are two examples of expenditures necessary for a quality experience. Your registration fees pay for the infrastructure that makes the Gathering happen. You may notice an increase in traditional price and abundant sharing fees this year since the 2020 virtual Gathering. We increased the fee scale to accurately reflect the true cost of the Gathering.

How do I figure out what to pay?

We have three set price categories, as well as a fourth option, “Choose Your Price,” where you can choose a different price that you are able to pay. We ask that you prayerfully consider your financial resources and the value you believe the Gathering brings to your life and to Friends. Based on this personal reflection, we invite you to choose the fee level you are called to pay. You can also make an additional donation to the Gathering.

Pay as Led fee levels:

- **Abundant Sharing**: This amount covers the cost of your attendance plus an extra amount towards others attending, helping to equalize the cost for everyone.
- **Traditional Price**: This amount covers the cost for your attendance at the Gathering.
- **Limited Resources**: For those with limited financial resources who want to pay a set price.
- **Choose Your Price**: If none of the above options seems right for you, you can write-in your own price.

When you register, you will review the fee level options for your event package and select the amount you are able to pay.

Donate to Support the Gathering

You can donate to support the Gathering when you register. Your gift will support Gathering attenders with limited resources and will help FGC maintain a vital and thriving Gathering for years to come. Any payment you make beyond Traditional Price is considered a donation to FGC and is tax deductible.

Scholarships and Workgrants

Because the 2021 FGC Gathering: Way Will Open is Pay as Led, we are not offering scholarships or workgrants. Instead, we ask that you prayerfully consider your volunteer contribution to the Gathering, your financial resources, and the value the Gathering brings to Friends and to your own life when you choose your fee level.

Grants

- **Philadelphia Yearly Meeting Young Adults**: Please see the Gathering website for details.
- **Grants for People of Color** are available. Please see the Gathering website for details.

In exceptional cases, grants for access to the 2021 Gathering (in the form of WiFi, devices, cellular data connection) will be available to People of Color through the Bayard Rustin Fund. Please see the Gathering website for information about this application process.

Questions to gathering@FGCquaker.org or 215-561-1700 option 2
Registration, Dates and Deadlines

Register online at www.FGCgathering.org starting April 15.

Before You Register

Make sure you know these seven things before beginning the registration process:

• Choose your events package (p. 28)
• Choose your fee level & review payment information (p. 28)
• Are you attending a pre-Gathering event? (p. 9)
• Have email addresses for everyone registering with you, as we will be emailing the Gathering links and logistical details
• Are you making any donations?
• Workshop first and second choices (pp. 15–24)
• Emergency contact name and phone number

When to Register

Early Registration is April 15–29: All full-time registrations completed within this period will have equal access to workshop choices.

Registration will temporarily close from April 30–May 5: Lotteries will occur for any oversubscribed workshops. All early registrants will be informed of their assignments.

Standard Registration starts May 6: Workshops will be available on a first-come, first-served basis.

Deadlines for younger Friends: Junior Gathering and High School program participants must be registered by June 13.

How to Register

Online: Register at www.FGCgathering.org starting April 15.

Support by Phone and Email: If you are having trouble registering online, please email us at gathering@fgcquaker.org or give us a call at 215-561-1700 x2. If you don’t reach a staff member, please leave a message with a few good times for us to call you back so we can help you complete your registration. Please complete the “Before You Register” checklist (above) before calling.
Part-Time Attenders

We require registration for Gathering events. We are offering several different event packages that range from all Gathering events to only a few specific events (see event package descriptions p. 28). If you are not able to attend all the Gathering events, that is ok! Choose the event package that contains all the activities you want to attend. What you attend is up to you, although we do ask that if you are registered for a workshop that you attend your workshop sessions. Workshops have a limited capacity, and if you register but don’t attend, you could be keeping that spot from someone who wants to attend. There are some workshops that allow part-time attendance (indicated in workshop descriptions as PT) — so it’s fine if you don’t attend every session of those workshops (pp. 15–24).

Payments

**Paying Your Balance:** If you did not pay your full balance when you registered, we need to receive it in full within two weeks to confirm your place. (Or if you are registering less than two weeks before the start of the Gathering, we need to receive it before the start of the Gathering.)

*Payments may be made by credit/debit card, check, or money order. We prefer payment online via debit or credit card, due to limited mail access at this time. GFG pays twice the transaction fees for premium reward cards. Whenever possible, avoid Visa Signature Preferred and Mastercard World Cards.*

**International Payments:** Payments made in international currency will be credited with the prevailing exchange rate at our financial institution on the day of deposit.

**Cancellation Fees**

- Cancellation must be in writing (email) or completed online by the registrant.
- Cancel by June 20: incur a charge of $25 per person ($100 maximum per family).
- Cancel after June 20: there will be no refunds, and the full balance is due.

The detailed cancellation policy is published on the Gathering website.

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**Important Dates and Deadlines**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 15–29</td>
<td>Early Registration period. All registrations completed within this period will have equal access to their first choice of workshops.</td>
</tr>
<tr>
<td>April 30–May 5</td>
<td>Registration temporarily closed for workshop lotteries</td>
</tr>
<tr>
<td>May 6</td>
<td>Standard Registration begins</td>
</tr>
<tr>
<td>June 13</td>
<td>Deadline for High School and Junior Gathering registrations</td>
</tr>
<tr>
<td>June 18–20</td>
<td>Quakers and Business pre-Gathering retreat</td>
</tr>
<tr>
<td>June 20</td>
<td>Cancellation Deadline: last opportunity for refunds (minus $25 per-person administrative fee)</td>
</tr>
<tr>
<td>June 25–27</td>
<td>Friends of Color and Their Families pre-Gathering retreat</td>
</tr>
<tr>
<td>June 26</td>
<td>Adult Young Friends pre-Gathering retreat</td>
</tr>
<tr>
<td>June 27–July 3</td>
<td>Friends General Conference Virtual Gathering!</td>
</tr>
</tbody>
</table>
Event Packages and Fees

At a virtual Gathering, you can choose how much of the conference to attend. When you register, you will select one of the event packages listed below. During the Gathering, you will only have access to the events in the package that you registered for. You can add-on additional workshops and/or pre-Gathering retreats to the packages below.

Full Program: This package includes access to evening programs, worship sharing, afternoon activities, Bible half hour, open hang out time, and one workshop.

Workshops Plus: This package includes access to worship sharing, afternoon activities, Bible half hour, open hang out time, and one workshop (it does not include evening programs).

Evening Programs Plus: This package includes access to evening programs, worship sharing, afternoon activities, Bible half hour, and open hang out time (it does not include workshops).

Evening Programs Only: This package only includes access to evening programs, worship sharing, and open hang out time. (It does not include workshops, afternoon activities, or Bible half hour.)

High School Program: For youth who have completed 9th grade through age 18. This package includes access to everything listed in Full Program above, plus additional High School Program sessions. (Learn more pp. 12–13.)

Junior Gathering: For youth from birth to rising 9th grade. This package includes access to afternoon activities, including Junior Gathering afternoon programming and evening programs. (Learn more pp. 10–11.)

Gathering Fees

The 2021 FGC Gathering: Way Will Open is Pay as Led (see p. 25). When you register, you will review the fee level options for your event package and select the amount you are called to pay. We ask that you prayerfully consider your financial resources and the value the Gathering brings to your life. Based on this personal reflection, we invite you to choose the fee level you are called to pay. Pay as Led only works to sustain the Gathering when we have attenders paying registration fees in each of the fee levels.

<table>
<thead>
<tr>
<th>EVENT PACKAGE</th>
<th>Age Group</th>
<th>Abundant Sharing</th>
<th>Traditional Price</th>
<th>Limited Resources</th>
<th>Choose Your Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Program</td>
<td>Adult &amp; YA</td>
<td>$800</td>
<td>$400</td>
<td>$125</td>
<td>$0–1000</td>
</tr>
<tr>
<td>Workshops Plus</td>
<td>Adult &amp; YA</td>
<td>$500</td>
<td>$250</td>
<td>$100</td>
<td>$0–1000</td>
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<tr>
<td>Evening Plus</td>
<td>Adult &amp; YA</td>
<td>$350</td>
<td>$175</td>
<td>$75</td>
<td>$0–1000</td>
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<tr>
<td>Evening Only</td>
<td>Adult &amp; YA</td>
<td>$250</td>
<td>$125</td>
<td>$50</td>
<td>$0–1000</td>
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<tr>
<td>High School Full Program</td>
<td>High School</td>
<td>$100</td>
<td>$50</td>
<td>$25</td>
<td>$0–1000</td>
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<tr>
<td>Junior Gathering</td>
<td>Birth to rising 9th grade</td>
<td>$60</td>
<td>$30</td>
<td>$15</td>
<td>$0–1000</td>
</tr>
<tr>
<td>Pre-Gathering Retreat</td>
<td>Adult, YA, HS</td>
<td>$50</td>
<td>$25</td>
<td>$5</td>
<td>$0–1000</td>
</tr>
<tr>
<td>Additional Workshop</td>
<td>Adult &amp; YA</td>
<td>$200</td>
<td>$100</td>
<td>$50</td>
<td>$0–1000</td>
</tr>
</tbody>
</table>
On why I’ve been led to include FGC in my will

“Throughout my years of service within the extended family of FGC, I have experienced a loving community of deep friendships with an openness to listen deeply for Spirit’s leading and to encourage others on their spiritual journey,” shares Marian Beane of North Carolina. “I am grateful for these opportunities that have proved to be a grounding for my own journey, and served as an encouragement in my home and yearly meeting.”

FGC has been important for Marian’s spiritual journey. And because Marian wants others to experience that same grounding and encouragement in the future, she has chosen to include FGC in her will.

FGC is grateful to Marian, and all Friends who have created a legacy gift. To learn how you can support future Friends in their spiritual journeys, call Faith Josephs at 215-561-1700 x3004.

Vibrant Journeys of Faith: A Conversation with Colby Abazs

Colby Abazs came to his first FGC Gathering while in high school and found his Quaker community. “I was raised Quaker, but the local meeting is an hour and a half drive,” Colby shares, “and I was usually one of very few young Friends at the meeting.”

In attending the Gathering, Colby “found a vibrant community of peers. I have been welcomed, challenged, and have grown in my Quaker faith.” For Colby, the community he has made through the Gathering “is where I reach out to share joys, and for support and healing.”

In looking ahead, Colby feels “excited for where FGC can grow.” That growth relies on you. So please consider making a gift to the Gathering and support Friends in strengthening Quaker community. www.FGQuaker.org/donate